



Outpatient Physiotherapy Referral

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- WKM Ph: 902-679-2770 Fax: 902-679-2499
- VRH Ph: 902-679-2770 Fax: 902-679-2499
- EKM Ph: 902-679-2770 Fax: 902-679-2499

Patient Name: _____

DOB: _____ (YYYYMMDD)

Address: _____
 _____ Postal Code _____

Phone: (H) _____ (OTHER) _____

HCN: _____ (Exp) _____

Ref Souce: _____

Family Physician: _____

PLEASE PRINT

- Best Contact: _____ Phone: _____
- Interpreter Needed Language: _____

REASON FOR REFERRAL: _____

- Post-op Follow-up** Surgery Date: _____ Recheck: _____
 Weight Bearing Status NWB PWB _____ WBAT
- Recent Decline in Function:**
 Self Care Transfers Ambulation Work (last work date) _____
- History of Falls:** Frequency _____/Week _____/Month
- Instruction/Review of Exercise Program**
- Respiratory Issues/Training:** _____

DIAGNOSIS: _____

RELEVANT MEDICAL HISTORY: _____

Tests/Imaging Results: _____

- Acute Onset (0-6 weeks) Date: _____
- Exacerbation of Chronic Condition Date: _____
- Chronic Condition
- Recent Hospitalization _____

PRECAUTIONS: _____

Present Mobility Status: _____

Home Support/Situation: _____

Referral Source: Name: _____ Designation: _____

(Please Print) Signature: _____

Phone: _____ Date: _____

Nova Scotia Outpatient Physiotherapy Prioritization Guidelines (including pediatrics but not community)

Listed below is a prioritization system to enable all outpatient physiotherapy referrals to be effectively prioritized according to patient goals/need.

Urgent: Patients seen within 1 wk (7 calendar days) from date referral received:

- Safety issues that physiotherapy can impact
- Significant loss of function if physiotherapy is not provided within 7 calendar days

Priority 1: Patients seen within 1-2 wks (7-14 calendar days) from date referral received.

- Physiotherapy intervention is known to impact significant functional gains – critical for progression; condition or loss of function would progress/worsen if left untreated for more than 7-14 calendar days.

Priority 2: Patients seen within 2-4 wks (14-28 calendar days) from date referral received.

- Physiotherapy intervention is known to impact significant functional gains – condition or loss of function would progress/worsen if left untreated for more than 14-28 calendar days.

General: Patients seen within 4-8 wks (28-56 calendar days) from date referral received.

- Physiotherapy assessment, intervention, recommendation to optimize function or to provide preventative physiotherapy care.