



Information for
Health Care Providers

2024

The Nova Scotia Green Sleeve



www.nshealth.ca

About the Green Sleeve

What is a Green Sleeve?

The Nova Scotia Green Sleeve is a place to keep important documents. These documents can help a patient communicate their health care plans, goals, and care wishes to their health care providers.

Who should have a Green Sleeve?

Anyone with a life-limiting illness should have a Green Sleeve.

What should be kept in the Green Sleeve?

Examples of documents that may be kept in a Green Sleeve include:

- Emergency Health Services (EHS) Special Patient Program (SPP) care plan
- Personal Directive
- Nova Scotia Health Expected Death at Home form
- Information about goals of care

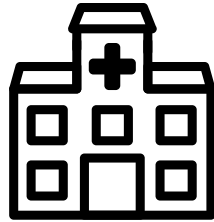
Please ensure your patient takes their Green Sleeve with them when they leave your office or the hospital. If they leave it behind, please contact them to arrange to have it returned.

What should patients do with their Green Sleeve?



At home, the patient should keep their Green Sleeve somewhere easy to find, like on top of the fridge. If they have a palliative care binder, they may keep it in the front of the binder.

The patient should show their Green Sleeve to health care providers who provide care in their home, including paramedics if emergency help is needed.



The patient should bring their Green Sleeve with them to health care appointments and if they go to the Emergency Department. Any updates should be added to the Green Sleeve.

Health care providers should review and discuss the documents in the Green Sleeve with the patient and their family before diagnostic tests or other interventions.

To inquire about Green Sleeves for your patients:

Email: palliativecare@nshealth.ca

Resources

Advance Care Planning and Goals of Care

- › <https://library.nshealth.ca/GoalsOfCare>

EHS Special Patient Program

- › <https://novascotia.ca/dhw/ehs/palliative-care.asp>

Personal Directives

- › <https://novascotia.ca/just/pda>

Palliative Care

Visit <https://library.nshealth.ca/PalliativeCare> for information about:

- › Identification and assessment
- › Care planning (including for an expected death at home)
- › Community and provider resources

Find this pamphlet and all our patient resources here:
<https://library.nshealth.ca/Patients-Guides>

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