

October 2023
NSB FALL SCHEDULE

◀ Sep 2023							October 2023	Nov 2023 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
1	2	3	4 NSB CLINIC DARTMOUTH NORTHGROVE FOOD CTR 6 PRIMROSE STREET 2:00PM TO 7:00PM	5	6	7 RUNNING GROUP 7:00AM HALIFAX COMMONS HALIFAX		
8	9 THANKSGIVING HOLIDAY	10 BLACK MEN'S CONFERENCE PLANIING(BMCP) 7:00PM TO 8:00PM	11 NSB CLINIC NORTH PRESTON 44 SIMMONS RD 2:00PM TO 4:00PM EAST PRESTON CLINIC W5 MALL 1900 HWY 7 4:30PM TO 7:00PM	12	13	14 RUNNING GROUP 7:00AM SULLIVANS POND DARTMOUTH		
15	16 BST BUILDING HEALTHY RELATIONSHIPS GOTTINGEN STREET LIBRARY 7:00PM TO 9:00PM	17 BLACK MEN'S CONFERENCE PLANIING(BMCP) 7:00PM TO 8:00PM	18 NSB CLINIC HALIFAX 6960 MUMFORD ROAD SUITE 2056	19	20	21 RUNNING GROUP 7:00AM BEAZLEY FIELD DARTMOUTH		
22	23	24 BLACK MEN'S CONFERENCE PLANIING(BMCP) 7:00PM TO 8:00PM	25 NSB CLINIC EMMANUEL BAPTIST CHURCH 633 POCKWOCK ROAD 2:00PM TO 7:00PM	26 REAL TALK 7:00PM TO 9:00PM	27	28 RUNNING GROUP 7:00AM SALT MARSH TRAILS DARTMOUTH		
29	30	31 BLACK MEN'S CONFERENCE PLANIING(BMCP) 7:00PM TO 8:00PM						