



Options for Health Care in Nova Scotia

If you need support in choosing where to go for care for your tick related health concern, please call the tick hotline to speak with a registered nurse 902-266-7199 or toll free 1- 866-266-7199.

Nova Scotia Health Tick Service:

This service supports patients and health care providers with access to relevant and timely evidence-based information and coordinated access to care for tick-borne infections. Click this link to learn more or to chat with the Tick Talk Bot: [Nova Scotia Health Tick Service](#).

Primary Care Provider:

Your primary care provider should be your first option for your tick related health concerns. Follow your routine process to schedule an appointment, if applicable.

Community Pharmacy Primary Care Clinic:

Nova Scotia Community Pharmacy Primary Care Clinics are located at select pharmacies throughout the province. These pharmacist-led clinics provide extended services at no charge to people with a valid Nova Scotia Health Card. Services include assessment and prescribing for Strep Throat, Pink Eye, Urinary Tract Infections, Chronic Disease Management (Diabetes, Asthma, COPD), prescription renewals for all medications and more. Publicly funded vaccines for adults and children are also available at these clinics as well as medical injections (fees may apply). Click this link to check if there is a clinic near you: [Community Pharmacy Primary Care Clinics](#)

Mobile Primary Care Clinics:

Nova Scotia Health Mobile Primary Care Clinics provide health care for minor, non-urgent health concerns. You can access the mobile clinic if you do not have a primary care provider, or if you are unable to access your primary care provider in a timely manner. Click this link to check if there is a mobile clinic near you: [Mobile Primary Care Clinics](#)

Pharmacist Walk in Clinic+:

Pharmacists and nurse practitioners work collaboratively in a clinical setting to offer health care to patients with or without a primary health care provider. This service is for non-urgent,



non-life-threatening illnesses and injuries. Click this link to check if there is clinic near you: [Pharmacist Walk In Clinic+](#)

Urgent Treatment Centre: Urgent Treatment Centers are available for urgent, non-life-threatening illnesses or injuries. Click this link to check if there is an Urgent Treatment Centre near you: [Urgent Treatment Centres](#)

Virtual Care Nova Scotia: Virtual Care Nova Scotia provides Nova Scotians who are on the “Need a Family Practice Registry” with free, online health care visits with a doctor or nurse practitioner until they are placed with a permanent family practice. If your name is NOT on the Need a Family Practice Registry, please call 811 or click this link to be placed on the list: [Need a Family Practice Online Registration Form](#). Please note, this service is free of charge for Nova Scotians without a family doctor or nurse practitioner. Click this link for more information and hours of operation: [Virtual Care Nova Scotia](#)

Virtual Urgent Care: Nova Scotia Health Virtual Urgent Care is available to all Nova Scotians with or without a primary health care provider who have minor health care concerns. You must have a valid NS health card, email, and audio/video capable devices to access this service. Please call 1-833-413-0277 to schedule an appointment. Click this link for more information and hours of operation: [Virtual Urgent Care](#)

***Where to go for Health Care in Nova Scotia:** Click this link to obtain a general overview of where to access health care in Nova Scotia, then select a region/zone to obtain a list of health care options near you: [Where to go for Healthcare](#)