

Birth Control Medication Interaction with Sugammadex (Bridion®)

- During your surgery on _____, you were given a medication that affects how well birth control medications work. **It is important that you know this if you are on any type of hormonal contraceptive (birth control medication).**
- Sugammadex (Bridion®) is a medication that helps you recover faster from the muscle relaxant used during your surgery. Sugammadex may lower how well your hormonal birth control works for 7 days (1 week).
- **Use a back-up birth control method for at least 7 days after your surgery.**
- If you are using an oral contraceptive (birth control pill), take it as usual.

Use a back-up method for 7 days after your surgery if you are using any of these types of hormonal birth control:

- › Oral contraceptives (birth control pills, including the progestin-only pill)
- › Injectable contraceptives (birth control shots)
- › Implantable contraceptives (a small plastic rod or device that is put under your skin or inside your uterus [IUD])
- › Patches (a small, sticky patch you put on your skin)
- › Vaginal rings (a flexible plastic ring you put into your vagina)

Back-up methods include:

- › Male condom
- › Female condom
- › Diaphragm (a device that blocks the cervix)
- › Cervical cap
- › Cervical sponge
- › Abstinence (not having sex)