

Take your sample to one of these drop-off sites no more than 3 hours after opening:

South Shore Regional Hospital

Main Floor
90 Glen Allan Drive
Bridgewater, NS B4V 2S6
Phone: 902-527-5261
Hours: Monday to Friday,
7 a.m. to 2 p.m.

Queen's General Hospital

1st Floor
175 School Street
Liverpool, NS BOJ 1K0
Phone: 902-354-3436
Hours (including Registration):
Monday to Friday, 8 to 11:30 a.m.
**Closed for drop-offs from
8:30 to 9 a.m.**

North Queen's Health Centre

9698 Highway 8
Caledonia, NS B0T 1B0
Phone: 902-682-2533
Hours (including Registration):
Wednesdays, 7:30 to 10:30 a.m.
**Closed for drop-offs from
9:50 to 10:20 a.m.**

Fishermen's Memorial Hospital

1st Floor Registration
14 High Street
Lunenburg, NS BOJ 2C0
Phone: 902-634-8801
Hours (including Registration):
Monday to Friday, 7:30 to 11 a.m.
**Closed for drop-offs from
9 to 9:30 a.m.**

Our Health Centre (OHC)

3769 Hwy 3
Chester, NS B0J 1J0
Phone: 902-275-2830
Hours (including Registration):
Mondays and Thursdays,
7:40 to 10:30 a.m.
**Closed for drop-offs from
9:30 to 10 a.m.**

*Nova Scotia Health promotes a smoke-free, vape-free,
and scent-free environment.
Please do not use perfumed products. Thank you!
www.nshealth.ca*

*Prepared by: Pathology and Laboratory Medicine,
South Shore Regional Hospital
Designed by: Nova Scotia Health Library Services*

The information in this pamphlet is for informational and educational purposes only. The information is not intended to be and does not constitute health care or medical advice. If you have any questions, please ask your health care provider.

QY85-1973 © June 2023 Nova Scotia Health Authority
The information in this pamphlet is to be updated every 3 years or as needed.

2023

How to Take a Pinworm Sample

South Shore Regional Hospital

Collections that are not labelled correctly or do not have a requisition filled out will not be tested.

- You will get a bottle with a sticky paddle attached to the lid. **Do not use any other type of container.**
- Wash your hands **before and after** taking the collection.

Instructions

To get the best collection, take it right after you wake up in the morning **before you have washed your body or had a bowel movement (pooped).**

Note: You must bring your sample to an approved drop-off site within 3 hours of the lab opening.

To take the sample:

1. Wash your hands.
2. Write your **full name**, your **date of birth**, your **health card number**, and the **collection date and time** on both the **requisition and the container.**
3. Take the lid off the container. **Do not** touch the paddle with your hands.
4. Separate (move apart) your buttocks (bum cheeks). Press the sticky part of the paddle against your anus (bumhole).
5. Put the lid with the paddle back on the container. **Be careful not to touch the paddle.** Close the lid tightly.
6. Wash your hands well with soap and water.
7. Keep the container at room temperature. Take it to an approved drop-off site **within 3 hours of the lab opening** (see back cover for locations and hours).

- If you have trouble taking a collection, call the primary health care provider (family doctor or nurse practitioner) listed on the requisition.
- Pinworm eggs can infect a person within hours of being laid, so **it is very important to wash your hands before and after collecting a sample.**

Each **requisition** must have:

- › Your **full name and date of birth**
- › Your **health card number**
- › Your **primary health care provider's full name and address**
- › **Date and time** of pinworm collection