Even After a Cancer Diagnosis

## It's Never Too Late To Stop Tobacco Use

What happens to your body when you quit smoking





This resource has been adapted from William Osler Health System, Central West CCAC. It was approved by the Nova Scotia Cancer Patient Education Committee, February 2017. © Nova Scotia Health Authority. This information will be updated every 3 years, or as new clinical evidence emerges. NSCCP-0066 March 2019