2021

## How to do a Twin Bag™ Exchange

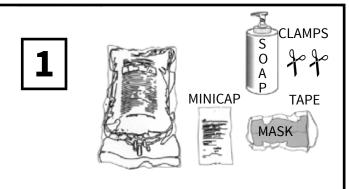
Important things to remember:			
	Masks		
	Handwashing		
	Checking your supplies		
	Connection points		
	Checking the drained fluid		
	Completing your exchange in a clean area with no clutter or drafts		

Cũng có sẵn bằng tiếng Việt Also available in Vietnamese: VI85-2390

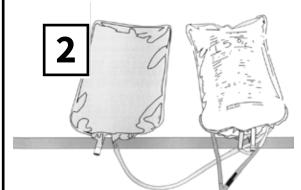
Также есть на русском языке Also available in Russian: RU85-2379



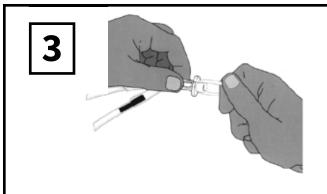
同时提供简体中文版 Also available in Simplified Chinese: CH85-2214



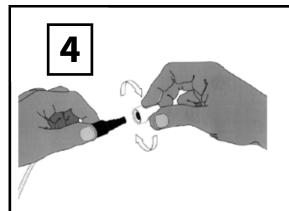
- Mask and wash hands.
- Gather supplies on a clean surface.
- Check Twin Bag<sup>™</sup> for: solution strength, bag size, expiry date, and calcium.
- Check MiniCap expiry date.



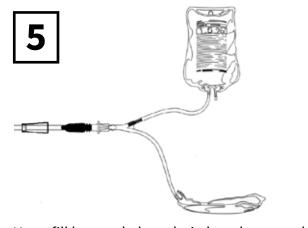
- Open Twin Bag™ overpouch and dry bag.
- Check full bag for leaks.
- Check medication ports.
- Check empty bag.
- Check pull ring, green seal, and Y area.



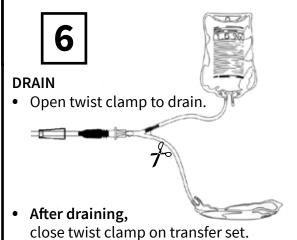
- Tape tubing to the table at the Y.
- Expose transfer set and check that clamp is closed.
- Mask and wash hands with gel.
- Remove the pull ring.



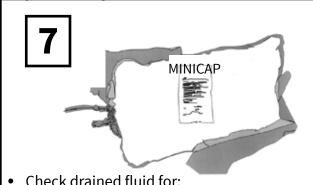
- Remove MiniCap from transfer set.
- Attach Twin Bag™ connector to transfer set right away.



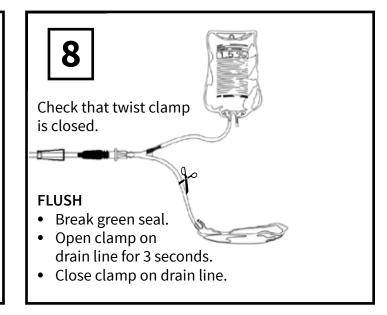
Hang fill bag and place drain bag down on the pole.

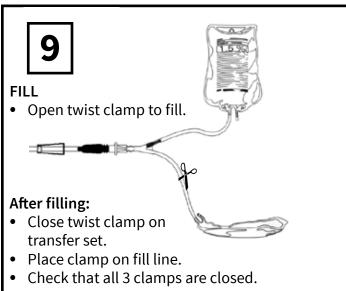


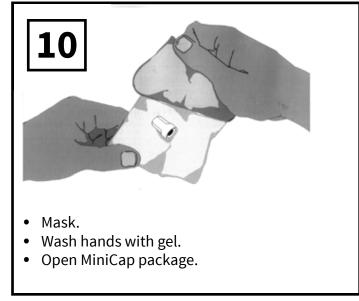
- Place clamp on drain line.
- Place drain bag on the table to check it.

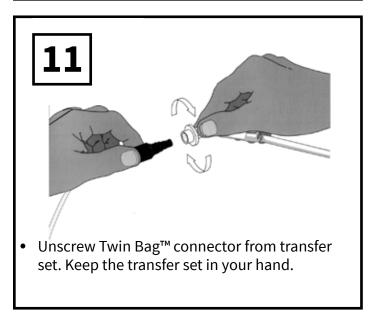


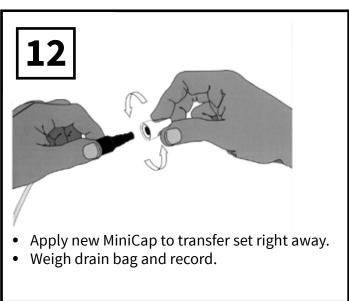
- Check drained fluid for:
- Clearness: If cloudy, call your Home Dialysis
- Fibrin: If fibrin, add heparin as instructed.
- Blood: If you also have pain, call your Home Dialysis Unit.











## Drain problems - Twin Bag™

Problem/cause:	What to do:
1. Twist clamp	<ul><li>Check: is it open?</li><li>Check under clamp for pinched tubing.</li></ul>
2. Kink in tubing	<ul><li>Check around dressing.</li><li>Check along drain line.</li><li>Check tape on pole.</li></ul>
3. Fibrin	Wrap tubing tightly around pencil and release. (Repeat.)
4. Constipation (not able to poop)	<ul> <li>Take laxatives as directed by your health care provider.</li> </ul>
5. Body position	<ul> <li>Bend back and forth.</li> <li>Stand up or press on abdomen (stomach area).</li> <li>Cough.</li> <li>Make sure the drain bag is lower than your abdomen.</li> </ul>
6. Air lock	Wrap tubing tightly around a pencil and release. (Repeat.)
7. Defective bag	Change to a new set.

## Fill problems - Twin Bag™

Problem/cause:	What to do:
1. Twist clamp	<ul><li>Check: is it open?</li><li>Check under clamp for pinched tubing.</li></ul>
2. Kink in tubing	<ul><li>Check around dressing.</li><li>Check along tubing.</li></ul>
3. Green seal not broken	Make sure green seal is broken. You should be able to see a space where you cracked the green seal.
4. Body position	<ul><li>Bend back and forth.</li><li>Stand up or press on abdomen.</li><li>Cough.</li></ul>
5. Fibrin	<ul> <li>Wrap tubing tightly around a pencil and release. (Repeat.)</li> <li>Inject heparin in fill bag.</li> <li>Squeeze bag.</li> <li>Raise pole.</li> </ul>
6. Constipation	Take laxatives as directed by your health care provider.
7. Defective bag	Change to a new set.

## Mechanical problems - Twin Bag™

Problem/cause:	What to do:		
Transfer set contaminated with twist clamp closed	Put MiniCap on for 5 minutes, then remove and put on another new MiniCap.		
<ol> <li>Did not close twist clamp on transfer set when disconnecting from Twin Bag™</li> </ol>	<ul> <li>Close twist clamp on transfer set, put MiniCap on for 5 minutes, then remove and put on another MiniCap.</li> <li>Call the Home Dialysis Unit RIGHT AWAY. This is a dialysis emergency. There is a nurse on call 24 hours a day, 7 days a week.</li> </ul>		
3. Hole in drain bag	<ul> <li>Close twist clamp on transfer set, then clamp drain line. Put MiniCap on transfer set.</li> <li>Take out new Twin Bag™ system and continue with dialysis exchange.</li> </ul>		
4. Hole in fill bag	<ul> <li>Clamp twist clamp on transfer set.</li> <li>Clamp fill line.</li> <li>Put MiniCap on transfer set.</li> <li>Call the Home Dialysis Unit RIGHT AWAY. This is a dialysis emergency. There is a nurse on call 24 hours a day, 7 days a week.</li> </ul>		
<ul> <li>5. Your tubing separates from your catheter:</li> <li>&gt; Connection points are not tight</li> <li>&gt; There is pulling on catheter and tubing</li> </ul>	<ul> <li>Use emergency kit. Put catheter clamp on your catheter next to the exit site.</li> <li>Put cap on end of your catheter.</li> <li>Call the Home Dialysis Unit RIGHT AWAY. This is a dialysis emergency. There is a nurse on call 24 hours a day, 7 days a week.</li> </ul>		
6. Needle goes through port of new bag	<ul> <li>Change to new Twin Bag<sup>™</sup> set and new syringe and needle.</li> <li>Draw up new medication.</li> </ul>		
7. New fluid goes in drained bag	Do another bag exchange.		
8. Contaminated Twin Bag™ connector	<ul><li>Throw away the set.</li><li>Check and prepare a new set.</li></ul>		

Notes:	

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

Find this pamphlet and all our patient resources here: https://library.nshealth.ca/Patients-Guides

Connect with a registered nurse in Nova Scotia any time: Call 811 or visit: https://811.novascotia.ca

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