

Do you have cancer? Do you know someone who has cancer? A Community Cancer Patient Navigator May Be Able to Help

Community Cancer Patient Navigators (CPNs) are oncology nurses who work with cancer patients and their families. CPNs are available to support you at all stages of your cancer experience from pre- diagnosis, diagnosis and treatment through to end of treatment, survivorship and if you are living with advanced cancer.

It is important to know that CPNs do not provide medical care.

How can CPNs help?

Each cancer patient has different needs and will deal with cancer in different ways.

CPNs can help you:

- understand your cancer diagnosis and treatment
- prepare you to make decisions about your treatments
- help you manage symptoms and side effects
- provide emotional support and help you and your family cope with your cancer
- connect with other health professionals within the cancer care program and in your community
- connect with support groups and other resources both in your community and virtually
- enroll in assistance programs (Travel, Financial)



How do I connect with my Community Cancer Patient Navigator?

If you live in Eastern Zone, Western Zone or Northern Zone use the QR code to visit our website to contact the Navigator near you. You can also self-refer by calling this number: 1-866-524-1234



Central Zone

There are no CPNs in the Central Zone (Halifax and Hants). If you live in these areas and are having difficulties coping with cancer related worry and anxiety or need financial or practical assistance, please call 902-240-8129 to speak with a social worker.

Community Cancer Patient Navigation is a service of the Nova Scotia Health Cancer Care Program. The program works to make Cancer Patient Navigators and other cancer services available as close to home as safely possible.

For more information about the Nova Scotia Health Cancer Care Program or Cancer Patient Navigation, visit us on the web: www.nscancercare.ca

Patient and family feedback is very important to us.

We would like to invite you to send any comments or suggestions on how to improve this booklet to education.cancercare@nshealth.ca or feel free to call us at 1-866-599-2267.

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This pamphlet is for educational purposes only.

It is not intended to replace the advice or professional judgment of a health care provider.

If you have any questions, please ask your health care provider.