

December 2023

NSB 2023

◀ Nov 2023							December 2023							Jan 2024 ▶						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
										1		2 RUNNING GROUP 7:00AM								
3		4 BARBERSHOP TALK GOTTINGEN STREET LIBRARY 2285 GOTTINGEN STREET 7:00PM TO 9:00PM		5		6 NSB CLINIC NORTH GROVE FOOD CTR 6 PRIMROSE STREET 2:00PM TO 7:00PM		7 NSB AT MULGRAVE PARK COFFEE TIME 9:00AM TO 11:00AM		8 NSB AT LUCASVILLE COFFEE TIME 9:00AM TO 11:30AM		9 RUNNING GROUP 7:00AM								
10		11 BARBERSHOP TALK COLE HARBOR LIBRARY 51 FOREST HILLS PARKWAY 7:00PM TO 9:00PM		12 COFFEE CONNECTION 6960 MUMFORD ROAD 9:30AM TO 11:30AM		13 NSB CLINIC HALIFAX 6960 MUMFORD ROAD 2:00PM TO 7:00PM		14 NSB AT MULGRAVE PARK COFFEE TIME 9:00AM TO 11:00AM		15		16 RUNNING GROUP 7:00AM								
17		18 BARBERSHOP TALK NORTH PRESTON COMMUNITY CTR 44 SIMMONDS ROAD 7:00PM TO 9:00PM		19		20 NSB CLINIC NORTH PRESTON 44 SIMMONDS ROAD 2:00PM TO 4:00PM EAST PRESTON CLINIC W5 MALL 1900 HWY 7 4:30PM TO 7:00PM		21 NSB AT MULGRAVE PARK COFFEE TIME 9:00AM TO 11:00AM		22		23 RUNNING GROUP 7:00AM								
24		25 XMAS		26 BOXING DAY		27 NSB CLINIC EMMANUEL BAPTIST CHURCH 633 POCKWOCK ROAD 2:00PM TO 7:00PM		28 NSB AT MULGRAVE PARK COFFEE TIME 9:00AM TO 11:00AM		29		30 RUNNING GROUP 7:00AM								
31																				

