

January Calendar

NSB 2024

January 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 NSB CLINIC NORTH GROVE FOOD CTR 6 PRIMROSE STREET 2:00PM TO 7:00PM	4 NSB AT MULGRAVE PARK COFFEE TIME 9:00AM TO 11:00AM	5	6 RUNNING GROUP 7:00AM TBA
7	8	9 COFFEE CONNECTION 6960 MUMFORD ROAD 9:30AM TO 11:30AM	10 NSB CLINIC HALIFAX 6960 MUMFORD ROAD 2:00PM TO 7:00PM	11 NSB AT MULGRAVE PARK COFFEE TIME 9:00AM TO 11:00AM	12	13 RUNNING GROUP 7:00AM TBA
14	15 BARBERSHOP TALK NORTH GROVE FOOD CTR 6 PRIMROSE STREET 7:00PM TO 9:00PM	16	17 NSB CLINIC NORTH PRESTON 44 SIMMONDS ROAD 2:00PM TO 4:00PM EAST PRESTON CLINIC W5 MALL 1900 HWY 7 4:30PM TO 7:00PM	18 NSB AT MULGRAVE PARK COFFEE TIME 9:00AM TO 11:00AM	19	20 RUNNING GROUP 7:00AM TBA
21	22	23 COFFEE CONNECTION 6960 MUMFORD ROAD 9:30AM TO 11:30AM	24 NSB CLINIC HALIFAX 6960 MUMFORD ROAD 2:00PM TO 7:00PM	25 NSB AT MULGRAVE PARK COFFEE TIME 9:00AM TO 11:00AM	26	27 RUNNING GROUP 7:00AM TBA
28	29 BARBER SHOP TALK UPPER HAMMONDS PLAINS COMMUNITY CTR 711 POCKWOCK ROAD 7:00PM TO 9:00PM	30	31 NSB CLINIC EMMANUEL BAPTIST CHURCH 633 POCKWOCK ROAD 2:00PM TO 7:00PM			