

Botox[®] Injection

Register using a self check-in kiosk in the main entrance of the Centennial or Dickson buildings, Victoria General site.

Next, go to the Eye Care Centre in the Centennial building, 2A.

Botox[®] Injection

Your doctor has recommended Botox[®] injections for your blepharospasm (rapid eye blinking) or facial muscle spasms.

What is Botox[®] and how does it work?

- Botox[®] is a purified (germ-free) toxin that can stop muscle spasms.
- Your nerves release chemicals that cause the spasms in your muscles. Botox[®] blocks these chemicals and stops the spasms.

How long do the Botox[®] effects last?

- Botox[®] is not a cure. It helps relieve your symptoms for about 3 months.
- You should see improvement in 3 to 5 days. This will be different for each person and depends on the amount of Botox[®] given.
- If your spasms do not get better, you may need another injection.

On the day of your appointment:

- **Do not** wear any makeup on your eyes or face.

- Go to the main entrance of the Centennial or Dickson building, Victoria General site. **Register using a self check-in kiosk.**
- Go to the Eye Care Centre in the Centennial building, 2A.
- Plan to be at the Centre for 1 to 1 ½ hours.

During treatment

- You will be asked to sit in a chair with your head well-supported.
- The eye doctor will use a needle to inject the Botox® around your eyes and face.

After treatment

- The amount of Botox® you will have during this treatment is very small. It does **not** spread to any other parts in your body. You can go back to your usual activities right away.
- **Do not** rub the injection areas after the treatment.

Are there any side effects?

- You may have some of these side effects:
 - › Your upper eyelid may droop.

- › Your eyelid may be puffy.
- › Your eye may be dry. You may need eye drops. You **do not** need a prescription for the eye drops.
- › You may have trouble closing your upper eyelid.
- › Your eye may be sensitive to light.
- › Your eye may tear up because your lower eyelid is weak. This will go away over time as the Botox® wears off.
- › Your lips may move differently. This may make it hard to talk.
- › You may have bruising around the injection areas.
- › Double vision (seeing 2 images when you are looking at one object).

These side effects are temporary (will go away over time).

*Nova Scotia Health promotes a smoke-free, vape-free, and scent-free environment.
Please do not use perfumed products. Thank you!*
www.nshealth.ca

*Prepared by: Eye Care Centre
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The information is not intended to be and does not constitute health care or medical advice.
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