

2023

Spiritual Care

Colchester East Hants Health Centre (CEHHC)

All people have the right to holistic (whole person) care. This includes caring for your body, mind, and spirit.

We support all faiths.

We provide spiritual care for patients and their loved ones. To request a visit, call 902-896-2612 or ask a member of your health care team.

Spiritual care is for people of all spiritual beliefs, and for people without a faith community.

We are happy to contact local clergy and leaders from all faith groups to help you. If you are not religious or spiritual, a spiritual care provider can still support you.

All spiritual care services provided by CEHHC:

- › are open to people from all faiths.
- › treat all faiths equally.
- › respect all beliefs, lifestyles, and backgrounds, in particular age, gender, ethnicity, sexual orientation, disability, and religion/belief.
- › include spiritual and religious care of all kinds.
- › respect your confidentiality. CEHHC spiritual care members keep all personal health information private.

Spiritual care staff can help when you:

- › are having problems.
- › are experiencing loss or grief.
- › are feeling lonely, sad, or misunderstood.
- › need emotional and/or spiritual support.
- › are away from home.
- › have been in the hospital for a long time.
- › would like a visit before surgery.
- › have religious needs.
- › would like to receive sacraments.
- › would like a ritual for healing and health.

Prayer Room

The Prayer Room is on **level 2, C wing, room 2490.**

It is available 24 hours a day as a place of quiet, prayer, and meditation. It is open to people of all faiths, cultures, and traditions.



All faiths are welcome!

You are welcome to donate religious symbols to the Prayer Room.

Spiritual Care

Colchester East Hants
Health Centre

625 Abenaki Road

Truro, NS B2N 0G6

Phone: 902-896-2612



What are your questions?
Please ask.
We are here to help you.

Looking for more health information?

Find this pamphlet and all our patient resources here:

<https://library.nshealth.ca/PatientEducation>

Contact your local public library for books, videos, magazines, and other resources. For more information, go to <http://library.novascotia.ca>

Connect with a registered nurse in Nova Scotia any time:

Call 811 or visit <https://811.novascotia.ca>

Learn about other programs and services in your community:

Call 211 or visit <http://ns.211.ca>

*Nova Scotia Health promotes a smoke-free, vape-free,
and scent-free environment.*

Please do not use perfumed products. Thank you!

www.nshealth.ca

Prepared by: Spiritual Care, CEHHC

Designed by: Nova Scotia Health Library Services

The information in this pamphlet is for informational and educational purposes only. The information is not intended to be and does not constitute health care or medical advice. If you have any questions, please ask your health care provider.

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The information in this pamphlet is to be updated every 3 years or as needed.

