



2019

# Urine Collection for Chlamydia

South Shore  
Regional Hospital



[www.nshealth.ca](http://www.nshealth.ca)

# Urine Collection for Chlamydia

## Instructions

- Use only the collection bottle and tube given to you by your doctor, local lab, or blood collection clinic.
- You will be given a:
  - › bottle (pink top)
  - › tube (yellow top)
  - › plastic pipette (small tube to draw up fluid)
- Do not collect a sample if you are menstruating (having your period).
- Do not clean your genitals before collecting your urine (pee).
- Do not urinate (pee) for at least 1 hour before collecting your urine.
- Wash your hands **before** urinating.

**If you have problems collecting a sample, call the technologist or lab assistant.**

1. Take the caps off the provided bottle and tube. Do not touch inside the caps or the bottle or tube. If you touch the liquid in the tube, immediately rinse the area with lots of water and tell your primary health care provider.
2. Make sure your skin does not touch the bottle as you pee.
3. Collect the first part of the urine (10-50 ml) in the pink-top bottle. Do not collect more than 50 ml, as this will affect the results.
4. Immediately transfer the urine into the yellow-top tube using the pipette. Add urine to between the 2 black lines on the tube labelled **Urine Fill Line**.
5. Put the cap of the tube on tight. Be sure not to touch inside the cap or the tube.
6. Turn the tube upside down 5 times to mix the sample.

7. Throw away the bottle and the pipette.
8. Wash your hands.
9. Bring your sample to an approved drop-off site as soon as you finish the collection (see back cover for more information). If this will take more than 1 hour, put the sample in the fridge until you can drop it off.

Make sure the collection tube is labelled with your name, date of birth, health card number, and date and time of collection.

Samples that are not labelled correctly or do not have a complete requisition will not be tested.

**If you have any questions,  
please ask.**

**We are here to help you.  
Please see back cover for  
contact information.**

Each **requisition** must have:

- › Your **full name and date of birth**
- › Your **health card number**
- › Your **doctor's full name and address**
- › **Collection date and time** for each urine sample

**Take the sample to one of the following Nova Scotia Health Authority Laboratory Services locations:**

**South Shore Regional Hospital**  
Main Floor

90 Glen Allan Drive

Bridgewater NS B4V 2S6

Phone: 902-527-5261

Hours: Monday-Friday, 7-11 a.m.

Registration: Monday-Friday,

6:45-10:45 a.m.

**Fisherman's Memorial Hospital**

2nd Floor

14 High Street

Lunenburg NS BOJ 2C0

Phone: 902-634-8801

Hours (including Registration):

Monday-Friday, 7:30-11:30 a.m.

## Queen's General Hospital

1st Floor

175 School Street

Liverpool NS B0J 1K0

Phone: 902-354-3436

Hours (including Registration):

Monday-Friday, 7:30-11:30 a.m.

## North Queen's Health Centre

9698 Highway 8

Caledonia NS B0T 1B0

Phone: 902-682-2533

Hours (including Registration):

Wednesdays, 7:30-10:45 a.m.

## Our Health Centre

3769 Hwy 3

Chester NS B0J 1J0

Phone: 902-275-2830

Hours (including Registration):

Tuesdays and Thursdays,

7:30-10:45 a.m.

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The information in this pamphlet is to be updated every 3 years or as needed.