

Each **requisition** must have:

- › Your **full name and date of birth**
- › Your **health card number**
- › Your **doctor's full name and address**
- › **The names of all antibiotics you are taking**
- › **The names of all countries outside of North America that you have visited (or emigrated from) in the past 12 months**
- › **Date and time of stool collection**

Take the sample to one of the following Nova Scotia Health Authority Laboratory Services locations:

South Shore Regional Hospital
Main Floor
90 Glen Allan Drive
Bridgewater NS B4V 2S6
Phone: 902-527-5261
Hours: Monday-Friday, 7-11 a.m.
Registration: Monday-Friday,
6:45-10:45 a.m.

Fisherman's Memorial Hospital
2nd Floor
14 High Street
Lunenburg NS BOJ 2C0
Phone: 902-634-8801
Hours (including Registration):
Monday-Friday, 7:30-11:30 a.m.

Queen's General Hospital
1st Floor
175 School Street
Liverpool NS BOJ 1K0
Phone: 902-354-3436
Hours (including Registration):
Monday-Friday, 7:30-11:30 a.m.

North Queen's Health Centre
9698 Highway 8
Caledonia NS B0T 1B0
Phone: 902-682-2533
Hours (including Registration):
Wednesdays, 7:30-10:45 a.m.

Our Health Centre
3769 Hwy 3
Chester NS B0J 1J0
Phone: 902-275-2830
Hours (including Registration):
Tuesdays and Thursdays,
7:30-10:45 a.m.

Prepared by: Pathology & Laboratory Medicine,
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Designed by: NSHA Library Services

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Stool Collection for Culture

**South Shore
Regional Hospital**

Samples that are not labelled correctly or do not have a complete requisition form will not be tested.

Stool Collection for Culture

Instructions

- You must follow the special rules in the next section.
- Your doctor has given you a form for this test. This form is called your **requisition**.
- Use only the specimen bottle given to you by your doctor, local lab, or blood collection clinic. It should have a green top and pink liquid inside.
- If you have to collect stool (poop) for ova and parasites (bottle with yellow top and clear liquid inside), **do it at the same time as this collection**.
- Use only a ballpoint pen when writing on the specimen bottle.
- Keep the specimen in the fridge until you can bring it to the lab.

If you have problems collecting a sample, please call your primary health care provider.

Special rules

- There are rules you must follow for 5 days before you collect stool for culture.
- For 5 days before collecting your stool, avoid:
 - › Mineral oils
 - › Bismuth (Pepto-Bismol®)
 - › Barium
 - › Kaolin
 - › Attapulgite (Kaopectate®)
 - › Laxatives

1. Write your **full name, your health card number, and the date and time of collection** on both the requisition **and** the specimen bottle.

2. Collect your stool (poop) in a clean, dry container. **Do not let your stool touch any urine (pee) or the toilet water.**

3. Use the scoop inside the lid of the specimen bottle to add stool until it reaches the fill line.



4. Use the same scoop to mix the stool with the fluid in the bottle. Throw away the scoop.

5. Screw the lid on tight and put the bottle in the fridge until you can take it to the lab.

6. Bring each filled specimen bottle and requisition to an approved drop-off site **no more than 24 hours after you finish the collection** (see back cover for sites).