

## 24-hour access for drop-offs available in Halifax:

QE II Health Sciences Centre  
Central Specimen Accessioning  
5788 University Avenue  
Main floor Mackenzie Building

Or drop off your specimen  
(sample) at your local lab. Check  
[www.nshealth.ca/laboratory-services](http://www.nshealth.ca/laboratory-services)  
for lab hours and addresses.

- › Phone: 902-473-2266
- › Email: [DPLMCustomerService@nshealth.ca](mailto:DPLMCustomerService@nshealth.ca)

What are your questions?  
Please ask a member of your  
health care team.  
We are here to help you.

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

*Prepared by:* Pathology and Laboratory Medicine,  
Halifax area

*Designed by:* Nova Scotia Health Library Services

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To be reviewed March 2027 or sooner, if needed.



# Stool Collection for Calprotectin

## Pathology and Laboratory Medicine Halifax Area

Each requisition must have:

- › Your **full name and date of birth**
- › Your **health card number**
- › Your **primary health care provider's full name and address**
- › **Date and time of each stool collection**

## Instructions

- Your primary health care provider (family doctor or nurse practitioner) has given you a form to have this test done. This form is called a **requisition**. You will need to keep your requisition and **bring it to the drop-off site with your full collection bottle(s)**.
  - Use only the collection bottle(s) given to you by your primary health care provider, local lab, or blood collection clinic. The collection bottle(s) should have an orange top and be empty.
  - If you have to collect stool (poop) for culture and sensitivity (bottle with blue top and pink liquid inside), or ova and parasites (bottle with yellow top and clear liquid inside), **do it at the same time as this collection**.
  - Keep the filled bottle(s) **in the fridge** until you can bring it to the lab.
- Bring each filled bottle and requisition to an approved drop-off site **no more than 24 hours after you finish your collection(s)** (see the link on the back cover for sites).
    1. Write your **full name and date of birth, health card number**, and the **start date and time** on the bottle label and requisition.
    2. Collect your stool in a clean, dry container. **Do not let your stool touch any urine (pee) or the toilet water.**
    3. Put some of your stool into the bottle with the orange top. **Do not fill the bottle more than half full.**
    4. Screw the lid on tight. **Do not touch the inside of the cap or bottle.** Keep the bottle(s) **in the fridge** until you can take it to the lab.

Please see back cover for contact information.