

## Bleeding disorder clinics

### QE II Adult Bleeding Disorder Clinic

› Phone: 902-473-5612

### Nurse Coordinator

› Phone: 902-473-2220

› Pager: 2226

› Email: \_\_\_\_\_

### IWK Pediatric Bleeding Disorder Clinic

› Phone: 902-470-6664

### Nurse Coordinator

› Phone: 902-470-8752

› Email: \_\_\_\_\_

### QE II and IWK Factor Product Utilization Assistant and MyCBDR Data Manager

› Phone: 902-441-0045

› Email: \_\_\_\_\_

### If you have a major bleeding episode:

- Go to the nearest Emergency Department right away. Bring your Factor First Card and factor product, if possible.
- Ask the attending health care provider to page the hematologist on call:
  - › QE II: 902-473-2220
  - › IWK: 902-470-8888

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

*Prepared by:* Nova Scotia Provincial Blood Coordinating Program, QE II, Adult Bleeding Disorder Clinic, and IWK Pediatric Bleeding Disorder Clinic

*Designed by:* Nova Scotia Health Library Services

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The information in this pamphlet is to be updated every 3 years or as needed.



## Factor Product Pick-up

### This information is for people who:

- › Have a hereditary (passed from parents to their children) bleeding disorder
- › Infuse factor products at home

## How do I arrange to pick up my product?

You must call Blood Transfusion Services **1 week (7 days) before you need to pick up your product.**

Phone: \_\_\_\_\_

### Hours:

☐ Monday to Friday  
(except holidays)

☐ Other days: \_\_\_\_\_

Between \_\_\_\_ and \_\_\_\_ (unless you have made other arrangements).

### On the day of pick-up:

Please call Blood Transfusion Services to confirm your pick-up time: \_\_\_\_\_

## When can I pick up my product?

☐ Monday to Friday  
(except holidays)

☐ Other days: \_\_\_\_\_

Between \_\_\_\_ and \_\_\_\_ (unless you have made other arrangements).

- Factor products cannot be given without a current prescription.
- You will get a prescription from your bleeding disorder clinic.
- Your hematologist (blood doctor) or nurse practitioner (NP) will renew your prescriptions once a year (or more often, if needed).

## Where do I pick up my product?

Hospital: \_\_\_\_\_

Blood Transfusion Services

Floor: \_\_\_\_\_

Address: \_\_\_\_\_

City/town: \_\_\_\_\_

## How do I submit my infusion records?

- **It is your responsibility to submit your infusion records to your bleeding disorder clinic.**
- You can submit your records online on the Canadian Bleeding Disorder Registry (CBDR) website. You must make an account to use the CBDR.
  - › [www.mycbdr.ca](http://www.mycbdr.ca)
- If you do not have internet access:
  - › Please ask staff at your bleeding disorder clinic about other ways to submit your infusion records.