**Unit Name** Mental Health Urgent Care Service

**Unit Location** Abbie J Lane Hospital-Halifax

**Program** Mental Health and Addictions Program

**Nova Scotia Health Authority Outpatient Service Profile**

The purpose of this Profile is to provide Nurses with an overview of each service area.

<table>
<thead>
<tr>
<th>General Information</th>
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<tbody>
<tr>
<td><strong>Service</strong></td>
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<tr>
<td><strong>Site</strong></td>
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<tr>
<td><strong>Brief description of the Unit</strong></td>
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<tr>
<td><strong>Unit Orientation</strong></td>
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<tr>
<td><strong>Number of Beds</strong></td>
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</table>
## Patient Care

### Patient Population
Team will provide short term follow up following contact with other crisis services (MHMCT, PES). Short term therapeutic support, resource navigation and connection with other services within community. Reassessment of mental status.

### Average Patient Age Range
19-99

### Nursing Model of Care
Primary Nursing: ____ Team Nursing: ____ Other: ____ Total Patient Care: _____
Modified Total Patient Care: _____

**Other:** Brief Solution Focused, Crisis Management, Assessment

## Systems

### Medication System
Traditional: ____ Unit Dosage: ____ Other: ____

**Other:** No medication dispensed.

### Scheduling
Manager: ____ Self: ____

### Average Number of Staff per Shift
Days: RN ____ LPN ____ CTA ____
Evenings: RN ____ LPN ____ CTA ____
Nights: RN ____ LPN ____ CTA ____

### Service Hours
0900-1700 hrs. Mon-Fri Occasional evening hours required.

### Length of Shift
8hr: ____ 12 hr: ____ Other: ____

**Other:**

## Staff

### Staff Mix

### Physician Coverage
On Call: ____ On Site: ____ N/A: ____ Other: ____

Psychiatric consult available through Psychiatric Emergency Services at QEII HI
## Multidisciplinary Team Members

<table>
<thead>
<tr>
<th>Role</th>
<th>Member</th>
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<tbody>
<tr>
<td>Social Work, OT.</td>
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</table>

## Required Skills, Qualifications & Experience

**RN**

*Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.*

<table>
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<tr>
<th>Responsibilities</th>
<th>Direct client support using a Brief Solution Focused model of care. Providing crisis management, navigation of resources and appropriate referrals and reassessment of mental status.</th>
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</thead>
<tbody>
<tr>
<td>Skills Required</td>
<td>Good assessment skills. Ability to complete a mental status exam. Flexible problem-solving skills. Non-judgmental approach to solution focused practice. Good knowledge of community resources.</td>
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<tr>
<td>Additional</td>
<td>Click here to enter text.</td>
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<tr>
<td>License/Certification/Education required</td>
<td>Bach RN+ 2 years mental health experience</td>
</tr>
</tbody>
</table>

**Completed by:** Matthew White  
**Date:** August 12, 2015