Unit Name Psychiatric Care

Unit Location 6th & 7th Floor Abbie J Lane Building

Program Addictions & Mental Health Program

Nova Scotia Health Authority Inpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

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## Patient Care

### Patient Population
The patient population is 19 years and older. The majority of patients are admitted with psychotic or mood disorders. We offer assessment, treatment and a team approach to treat our patients. Our team is multidisciplinary with nurses, occupational therapists, social workers, recreation therapists, psychology, psychiatrists and physicians.

### Average Patient Age Range
Our age range is 19 years and older.

### Nursing Model of Care
Primary Nursing: _X_ Team Nursing: _____ Other: _____ Total Patient Care: _____
Modified Total Patient Care: ______

### Systems

#### Medication System
Traditional: _____ Unit Dosage: _X_ Other: _____

Other:

#### Scheduling
Manager: _X_ Self: _____

#### Average Number of Staff per Shift
Days: RN _5_ LPN _1_ CTA _1_
Evenings: RN _4_ LPN _1_ CTA
Nights: RN _3_ LPN _1_ CTA

#### Service Hours
Service hours are 24/7 seven days a week.

#### Length of Shift
8hr: _X_ 12 hr: _X_ Other: _____

Other:

### Staff

#### Staff Mix
RN: _90_ % LPN: _9_ % CTA: _1_ %
Physician Coverage

On Call: _____  On Site: X  N/A: _____  Other: _____

Multidisciplinary Team Members

Recreation therapists, Social workers, occupational therapists, psychologists, psychiatrists, ward clerks and ward aides, housekeeping, and students. Security officers.

Required Skills, Qualifications & Experience

RN

Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.

- Responsibilities
  The RN has the responsibility to assess and develop care plans for the patients in her/his care. The RN implements this plan and evaluates and updates the plan as necessary. The RN works collaboratively with the team to ensure the plan of care is consistent with the team plan of care.

- Skills Required
  The RN in mental health care is able to assess for symptoms of illness in mental health by using various tools such as nursing assessments, Mini mental status exam, the suicide rating scale, the aggression assessment. The RN is required to be skilled in de-escalation of agitation and aggression and intervention of acute crisis. The RN is able to coordinate care and communicate effectively with colleagues and team members to deliver safe effective care. The RN works with patients and their families to develop the plan of care to incorporate the goals of the patients and their families.

- Additional Responsibilities
  The RN monitors the units and ensures all safety measures and safe work practices are followed.

- Additional License/Certification/Education required
  Mental health specialization is an asset when working on the units.

Completed by: Donalda Edgar  Date: July 28th, 2015