



Unit Name Psychiatric Care

Unit Location 6th & 7th Floor Abbie J Lane Building

Program Addictions & Mental Health Program

Nova Scotia Health Authority Inpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

<u>General Information</u>	
Service	6 and 7 lane are adult general acute care mental health units.
Site	They are based at the Halifax Infirmity site at the Abbie J Lane building.
Brief description of the Unit	The units specialize in helping patients who have acute exacerbations of mental health disorders and need assessment, treatment and stabilization.
Unit Orientation	Nurses new to these units are given a classroom mental health orientation and a two week orientation on the unit with ongoing mentorship following this orientation. New graduates are given a longer orientation to help solidify their practice.
Number of Beds	6 lane has 17 beds and 7 lane has 25 beds.

Patient Care

Patient Population	The patient population is 19 years and older. The majority of patients are admitted with psychotic or mood disorders. We offer assessment, treatment and a team approach to treat our patients. Our team is multidisciplinary with nurses, occupational therapists, social workers, recreation therapists, psychology, psychiatrists and physicians.
Average Patient Age Range	Our age range is 19 years and older.
Nursing Model of Care	Primary Nursing: <input checked="" type="checkbox"/> Team Nursing: <input type="checkbox"/> Other: <input type="checkbox"/> Total Patient Care: <input type="checkbox"/> Modified Total Patient Care: <input type="checkbox"/> Other:

Systems

Medication System	Traditional: <input type="checkbox"/> Unit Dosage: <input checked="" type="checkbox"/> Other: <input type="checkbox"/> Other:
Scheduling	Manager: <input checked="" type="checkbox"/> Self: <input type="checkbox"/>
Average Number of Staff per Shift	Days: RN <u>5</u> LPN <u>1</u> CTA <u>1</u> Evenings: RN <u>4</u> LPN <u>1</u> CTA <u> </u> Nights: RN <u>3</u> LPN <u>1</u> CTA <u> </u>
Service Hours	Service hours are 24/7 seven days a week.
Length of Shift	8hr: <input checked="" type="checkbox"/> 12 hr: <input checked="" type="checkbox"/> Other: <input type="checkbox"/> Other:

Staff

Staff Mix	RN: <u>90</u> % LPN: <u>9</u> % CTA: <u>1</u> %
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Physician Coverage	On Call: _____ On Site: <u> X </u> N/A: _____ Other: _____
Multidisciplinary Team Members	Recreation therapists, Social workers, occupational therapists, psychologists, psychiatrists, ward clerks and ward aides, housekeeping, and students. Security officers.

Required Skills, Qualifications & Experience

RN

Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.

<ul style="list-style-type: none"> Responsibilities 	The RN has the responsibility to assess and develop care plans for the patients in her/ his care. The RN implements this plan and evaluates and updates the plan as necessary. The RN works collaboratively with the team to ensure the plan of care is consistent with the team plan of care.
<ul style="list-style-type: none"> Skills Required 	The RN in mental health care is able to assess for symptoms of illness in mental health by using various tools such as nursing assessments, Mini mental status exam, the suicide rating scale, the aggression assessment. The RN is required to be skilled in de-escalation of agitation and aggression and intervention of acute crisis. The RN is able to coordinate care and communicate effectively with colleagues and team members to deliver safe effective care. The RN works with patients and their families to develop the plan of care to incorporate the goals of the patients and their families.
<ul style="list-style-type: none"> Additional Responsibilities 	The RN monitors the units and ensures all safety measures and safe work practices are followed.
<ul style="list-style-type: none"> Additional License/Certification/Education required 	Mental health specialization is an asset when working on the units.

Completed by: Donalda Edgar

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