



Unit Name Short Stay Unit

Unit Location 6th Floor Abbie J Lane Building

Program Mental Health Program

Nova Scotia Health Authority Inpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

<u>General Information</u>	
Service	Serve individuals experiencing a significant disruption in their mental health and well being.
Site	Halifax Infirmary site at the Abbie J Lane Building
Brief description of the Unit	The unit specializes in helping patients requiring stabilization during a mental health crisis. Length of stay is approximately 3-5 days. It can be a complex and unpredictable patient setting.
Unit Orientation	Nurses new to this unit are given four orientation shifts with on-going mentorship. Additional orientation is provided if required. New graduates are given a month long orientation to help solidify their practice. All nurses new to the Mental Health Program receive a classroom mental health orientation.
Number of Beds	There are 5 beds on the Short Stay Unit.

Patient Care

Patient Population	Our patient population is males and female 19 years and older. Patients are admitted who are experiencing a mental health crisis requiring hospital stabilization. We offer a team approach to assessment and referral to either community resources or inpatient services, specific to the needs of the individual.
Average Patient Age Range	Our age range is 19 years of age and older.
Nursing Model of Care	Primary Nursing: <input checked="" type="checkbox"/> Team Nursing: <input type="checkbox"/> Other: <input type="checkbox"/> Total Patient Care: <input type="checkbox"/> Modified Total Patient Care: <input type="checkbox"/> Other:

Systems

Medication System	Traditional: <input type="checkbox"/> Unit Dosage: <input checked="" type="checkbox"/> Other: <input type="checkbox"/> Other:
Scheduling	Manager: <input checked="" type="checkbox"/> Self: <input type="checkbox"/>
Average Number of Staff per Shift	Days: RN <input type="checkbox"/> 2 <input type="checkbox"/> LPN <input type="checkbox"/> CTA <input type="checkbox"/> Evenings: RN <input type="checkbox"/> 1 <input type="checkbox"/> LPN <input type="checkbox"/> CTA <input type="checkbox"/> Nights: RN <input type="checkbox"/> 1 <input type="checkbox"/> LPN <input type="checkbox"/> CTA <input type="checkbox"/>
Service Hours	This is a 24 hour a day 7 days a week service.
Length of Shift	8hr: <input type="checkbox"/> 12 hr: <input checked="" type="checkbox"/> Other: <input checked="" type="checkbox"/> Other: Some day and all evening shifts are 10 hours.

Staff

Staff Mix	RN: <input type="checkbox"/> 100 <input type="checkbox"/> % LPN: <input type="checkbox"/> % CTA: <input type="checkbox"/> % <ul style="list-style-type: none">LPNs are on our casual roster in the event and shift can not be filled with an RN
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Physician Coverage	On Call: _____ On Site: <u> X </u> N/A: _____ Other: _____
Multidisciplinary Team Members	Social workers, psychiatrists, ward clerks, housekeeping, students, and security officers.

Required Skills, Qualifications & Experience

RN <i>Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.</i>	
• Responsibilities	The RN is responsible for the overall coordination and direction of nursing care. RNs are involved in managing care, medication administration, providing therapeutic interactions and assistance in achieving treatment goals. The RN works collaboratively to ensure the plan of care is consistent with the team plan.
• Skills Required	The RN utilizes nursing processes, critical thinking and problem solving skills to provide care to patients. The RN is required to be skilled in nursing assessments, de-escalation of agitation and aggression and intervention of acute crisis. Effective communication and collaboration skills are critically important to delivering safe and effective care.
• Additional Responsibilities	The RN monitors the units and ensures all safety measures and safe work practices are followed. The RN also supports the development of students and colleagues through acting as a preceptor and providing ongoing mentorship.
• Additional License/Certification/Education required	Mental Health specialization is an asset when working on the units.

Completed by: Heika Sarty-Boutilier

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