



**Unit Name** Diabetes Management Centre

**Unit Location** Mumford Road, Cobequid Community Health Centre,  
Dartmouth General

**Program** Primary Health Care

### **Nova Scotia Health Authority Outpatient Service Profile**

**The purpose of this Profile is to provide Nurses with an overview of each service area.**

<b><u>General Information</u></b>	
<b>Service</b>	Primary Health Care
<b>Site</b>	Cobequid Community Health Centre Mumford Road Dartmouth General
<b>Brief description of the Unit</b>	Self-management supports, education programs and medical management to develop the knowledge, confidence and skills to self-manage diabetes for healthy living.
<b>Unit Orientation</b>	Diabetes Management Centre / Primary Health Care Orientation
<b>Number of Beds</b>	NA

## Patient Care

<b>Patient Population</b>	<p>Persons with or at risk of developing diabetes</p> <p>Self-management group behavioural education programs for people with Type 1, Type 2 and pre-diabetes</p> <p>Individual counselling (nutrition, physical activity, medical management) Continuing blood glucose monitoring Medication management Insulin initiation, adjustments and follow-up Insulin pump training Link to community resources</p> <p>Referral to the extended care team (social work, psychology and podiatry) is available when necessary.</p>
<b>Average Patient Age Range</b>	Range from 18+ work across demographics.
<b>Nursing Model of Care</b>	<p>Primary Nursing: <u> X </u> Team Nursing: <u>    </u> Other: <u>    </u> Total Patient Care: <u>    </u> Modified Total Patient Care: <u>    </u></p> <p><b>Other:</b> Chronic Disease Management – education and medical management related to diabetes</p>

## Systems

<b>Medication System</b>	<p>Traditional: <u>    </u> Unit Dosage: <u>    </u> Other: <u>    </u></p> <p><b>Other:</b> NA</p> <p>Patients present to clinic with insulin for insulin starts</p>
<b>Scheduling</b>	<p>Manager: <u> X </u> Self: <u>    </u></p> <p>Clinical Team Lead</p>
<b>Average Number of Staff per Shift</b>	<p>Days: RN <u>    </u> LPN <u>    </u> CTA <u>    </u> Evenings: RN <u>    </u> LPN <u>    </u> CTA <u>    </u> Nights: RN <u>    </u> LPN <u>    </u> CTA <u>    </u></p> <p>Depends on community location</p>

<b>Service Hours</b>	Monday to Friday 8:00 am to 4:00 pm Occasional 12 hours shift 8:00 am to 8:00 pm
<b>Length of Shift</b>	8hr: <input checked="" type="checkbox"/> 12 hr: <input checked="" type="checkbox"/> Other: <input type="checkbox"/> <b>Other:</b>

<u><b>Staff</b></u>	
<b>Staff Mix</b>	RN: <u>50</u> % LPN: <input type="checkbox"/> % CTA: <input type="checkbox"/> %
<b>Physician Coverage</b>	On Call: <input type="checkbox"/> On Site: <input type="checkbox"/> N/A: <input type="checkbox"/> Other: <input checked="" type="checkbox"/> Work with community family physicians Medical Director- Endocrinologist available
<b>Multidisciplinary Team Members</b>	Clinical Dietician, Social Worker, Clinical Psychologist, Booking and Registration Clerk

<u><b>Required Skills, Qualifications &amp; Experience</b></u>	
<b>RN</b> <i>Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.</i>	
<b>Responsibilities</b>	The RN Diabetes Educator develops and evaluates educational programs and learning tools to assist patients with self-management for the disease prevention or disease management and its complications. The RN will consult with and interact with associated members of the health team, and will assess, recommend and evaluate needs for individuals related to their health status as well as report and summarize quality improvement activities, statistics, objectives and program changes.
<b>Skills Required</b>	Baccalaureate Degree in Nursing (or equivalent) * Minimum of 3 years experience in profession * Registration with relevant health discipline licensing body * Certified Diabetes Educator (required to obtain and maintain this

	<p>certificate within 3 years of gaining employment in a Diabetes Management Centre)</p> <ul style="list-style-type: none"> <li>* Knowledge in areas of Diabetes Care</li> <li>* Training and knowledge in motivational behavior strategies is an asset</li> <li>* Experience in delivering diabetes education to clients in one-on-one and group settings</li> <li>* Superior organizational, time management and problem solving skills</li> <li>* Ability to work effectively as part of an interdisciplinary team</li> <li>* Strong interpersonal and communication skills</li> <li>* Demonstrated Interest in applying new technologies and strategies to education</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Additional Responsibilities</b></li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Additional License/Certification/Education required</b></li> </ul>	<p>Certified Diabetes Educator within 5 years</p> <p>Delegated Medical Function in Insulin Dose Adjustment after 800 hours</p>

**Completed by:** Lisa Bedford

**Date:** July 28, 2015