Unit Name: Bayers Road Community Mental Health

Unit Location: 7071 Bayers Road, Suite 109

Program: Mental Health and Addictions

Nova Scotia Health Authority Outpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

<table>
<thead>
<tr>
<th>General Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Service</td>
</tr>
<tr>
<td>Site</td>
</tr>
<tr>
<td>Brief description of the Unit</td>
</tr>
<tr>
<td>Unit Orientation</td>
</tr>
<tr>
<td>Number of Beds</td>
</tr>
</tbody>
</table>
### Patient Care

#### Patient Population
We provide assessment and individual and group psychotherapy.

Some of the more common illnesses that we treat are:

- Anxiety Disorders
- Mood Disorders
- Psychotic Disorders
- Adjustment Disorders
- Personality Disorders
- Concurrent Disorders (both mental illness and addiction issues)

#### Average Patient Age Range
19-80

#### Nursing Model of Care
Primary Nursing: _____ Team Nursing: X Other: _____ Total Patient Care: _____
Modified Total Patient Care: _____
Other:

### Systems

#### Medication System
Traditional: _____ Unit Dosage: _____ Other: ___X____
Other: May administer long acting antipsychotic injections.

#### Scheduling
Manager: _____ Self: X

Staff submit their schedules to the manager for approval based on operational requirements.

#### Average Number of Staff per Shift
Days: RN _____ LPN _____ CTA _____
Evenings: RN _____ LPN _____ CTA _____
Nights: RN _____ LPN _____ CTA _____

#### Service Hours
830-430 Monday, Wednesday, Thursday and Friday
830-730pm Tuesday

#### Length of Shift
8hr: X 12 hr: ____ Other: ____
Other: One longer shift 1 day a week. Time is smoothed over 14 week schedule.
## Staff

### Staff Mix

| RN | approx 20% | LPN: _____% | CTA: _____% |

### Physician Coverage

| On Call: _____ | On Site: _____X_____ | N/A: _____ | Other: _____ |

### Multidisciplinary Team Members

Other members of the team include social workers, psychologists, occupational therapists and psychiatrists.

## Required Skills, Qualifications & Experience

**RN**

*Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.*

- **Responsibilities**
  
  Conducting initial “Choice” intake appointment, seeing clients in follow up to provide psychotherapy either 1:1 or in groups, symptom monitoring and medication response.

- **Skills Required**
  
  Assessment using DSM formulations, psychotherapy (may be different models such as CBT, SFT, MI, DBT, etc) and group facilitation skills.

- **Additional Responsibilities**
  
  High mental stress. Ability to tolerate the emotion and distress of others.

- **Additional License/Certification/Education required**
  
  Psychotherapy training

---

**Completed by:** Kelly Barry  
**Date:** July 31, 2015