



Unit Name Bayers Road Community Mental Health

Unit Location 7071 Bayers Road, Suite 109

Program Mental Health and Addictions

Nova Scotia Health Authority Outpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

<u>General Information</u>	
Service	Bayers Road Community Mental Health
Site	Bayers Road
Brief description of the Unit	Community Mental Health (CMH) provides services for adults who are experiencing significant mental health problems or mental illness. We support people to manage mental health illness and improve their mental health and well-being. We work with community partners such as family physicians, schools, the Department of Community Services and other community agencies, as needed.
Unit Orientation	Orientation is geared to the specific learning needs of the clinician. The process often involves observing clinical interactions, being observed during clinical interactions to functioning independently.
Number of Beds	N/A

Patient Care

Patient Population	We provide assessment and individual and group psychotherapy. Some of the more common illnesses that we treat are: <ul style="list-style-type: none">• Anxiety Disorders• Mood Disorders• Psychotic Disorders• Adjustment Disorders• Personality Disorders• Concurrent Disorders (both mental illness and addiction issues)
Average Patient Age Range	19-80
Nursing Model of Care	Primary Nursing: _____ Team Nursing: <u>X</u> Other: _____ Total Patient Care: _____ Modified Total Patient Care: _____ Other:

Systems

Medication System	Traditional: _____ Unit Dosage: _____ Other: <u>X</u> Other: May administer long acting antipsychotic injections.
Scheduling	Manager: _____ Self: <u>X</u> Staff submit their schedules to the manager for approval based on operational requirements.
Average Number of Staff per Shift	Days: RN _____ LPN _____ CTA _____ Evenings: RN _____ LPN _____ CTA _____ Nights: RN _____ LPN _____ CTA _____
Service Hours	830-430 Monday, Wednesday, Thursday and Friday 830-730pm Tuesday
Length of Shift	8hr: <u>X</u> 12 hr: _____ Other: _____ Other: One longer shift 1 day a week. Time is smoothed over 14 week schedule.

Staff

Staff Mix	RN: approx 20% LPN:___% CTA:___%
Physician Coverage	On Call: _____ On Site: <u> X </u> N/A: _____ Other: _____
Multidisciplinary Team Members	Other members of the team include social workers, psychologists, occupational therapists and psychiatrists.

Required Skills, Qualifications & Experience

RN

Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.

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| • Responsibilities | Conducting initial "Choice" intake appointment, seeing clients in follow up to provide psychotherapy either 1:1 or in groups, symptom monitoring and medication response. |
| • Skills Required | Assessment using DSM formulations, psychotherapy (may be different models such as CBT, SFT, MI, DBT, etc) and group facilitation skills. |
| • Additional Responsibilities | High mental stress. Ability to tolerate the emotion and distress of others. |
| • Additional License/Certification/Education required | Psychotherapy training |

Completed by: Kelly Barry

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