**Unit Name** Mental Health Mobile Crisis Team  
**Unit Location** Off-Site  
**Program** Mental Health and Addictions Program  

**Nova Scotia Health Authority Outpatient Service Profile**

The purpose of this Profile is to provide Nurses with an overview of each service area.

<table>
<thead>
<tr>
<th>General Information</th>
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<tbody>
<tr>
<td><strong>Service</strong></td>
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<tr>
<td><strong>Site</strong></td>
</tr>
<tr>
<td><strong>Brief description of the Unit</strong></td>
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<tr>
<td><strong>Unit Orientation</strong></td>
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<tr>
<td><strong>Number of Beds</strong></td>
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</tbody>
</table>
## Patient Care

### Patient Population
The Mental Health Mobile Crisis Team (MHMCT) provides intervention and short term crisis management for children, youth and adults experiencing a mental health crisis. MHMCT provides 24/7 telephone crisis intervention to all of Nova Scotia. A mobile response is available in most communities in HRM.

### Average Patient Age Range
Complete age spectrum. 1-99

### Nursing Model of Care
Primary Nursing: _____
Team Nursing: _____
Other: _____
Total Patient Care: _____
Modified Total Patient Care: _____
Other:

### Systems

#### Medication System
Traditional: _____
Unit Dosage: _____
Other: _____
Other: Team does not provide or dispense medication.

#### Scheduling
Manager: _____
Self: _____

#### Average Number of Staff per Shift
Days: RN 1 LPN 2 CTA 3
Evenings: RN 3 LPN 2 CTA 3
Nights: RN 1 LPN 2 CTA 3

#### Service Hours
24 hours a day, 7 days a week.

#### Length of Shift
8hr: _____
12 hr: _____
Other: _____
Other:

### Staff

#### Staff Mix

#### Physician Coverage
On Call: _____  On Site: _____  N/A: _____  Other: _____
Psychiatric consult available though Psychiatric Emergency Services at QEII H

## Multidisciplinary Team Members

Social Work, OT. Partnered in community with non-uniform police.

## Required Skills, Qualifications & Experience

### RN

*Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.*

<table>
<thead>
<tr>
<th>Responsibilities</th>
<th>Telephone support calls to those in crisis, families friends or community agencies 24 hours a day, 7 days a week. Complete mental health assessments while in field using Brief Mental Health Assessment Tool. Balancing individual client autonomy with client and community safety.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skills Required</td>
<td>Good assessment skills. Ability to complete a mental status exam. Flexible problem-solving skills. Non-judgmental approach to solution focused practice. Good knowledge of community resources.</td>
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<tr>
<td>Additional</td>
<td>Bach RN+ 2 years mental health experience</td>
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<tr>
<td>License/Certification/Education required</td>
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</tbody>
</table>

**Completed by:** Matthew White  
**Date:** Aug 12, 2015