



Unit Name Mental Health Mobile Crisis Team

Unit Location Off-Site

Program Mental Health and Addictions Program

Nova Scotia Health Authority Outpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

<u>General Information</u>	
Service	Mental Health Mobile Crisis Team
Site	HRM- Off-Site. Not disclosed.
Brief description of the Unit	The Mental Health Mobile Crisis Team provides intervention and short term crisis management for children, youth and adults experiencing a mental health crisis. MHMCT provides 24/7 telephone crisis intervention to all of Nova Scotia. A mobile response is available in most communities in HRM.
Unit Orientation	2 years mental health experience prior to joining the team. Bachelor RN
Number of Beds	Outpatient-no beds.

Patient Care

Patient Population	The Mental Health Mobile Crisis Team (MHMCT) provides intervention and short term crisis management for children, youth and adults experiencing a mental health crisis. MHMCT provides 24/7 telephone crisis intervention to all of Nova Scotia. A mobile response is available in most communities in HRM.
Average Patient Age Range	Complete age spectrum. 1-99
Nursing Model of Care	Primary Nursing: _____ Team Nursing: _____ Other: <u>X</u> Total Patient Care: _____ Modified Total Patient Care: _____ Other:

Systems

Medication System	Traditional: _____ Unit Dosage: _____ Other: <u>X</u> Other: Team does not provide or dispense medication.
Scheduling	Manager: <u>X</u> Self: _____
Average Number of Staff per Shift	Days: RN <u>1</u> LPN _____ CTA _____ Evenings: RN <u>3</u> LPN _____ CTA _____ Nights: RN <u>1</u> LPN _____ CTA _____
Service Hours	24 hours a day, 7 days a week.
Length of Shift	8hr: _____ 12 hr: <u>X</u> Other: _____ Other:

Staff

Staff Mix	RN: _____% LPN: _____% CTA: _____% Variable. Non-discipline specific.
Physician Coverage	On Call: _____ On Site: _____ N/A: _____ Other: <u>X</u> Psychiatric consult available though Psychiatric Emergency Services at QEII HI

Multidisciplinary Team Members	Social Work, OT. Partnered in community with non-uniform police.
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<u>Required Skills, Qualifications & Experience</u>	
<p>RN <i>Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.</i></p>	
<ul style="list-style-type: none"> Responsibilities 	<p>Telephone support calls to those in crisis, families friends or community agencies 24 hours a day, 7 days a week. Complete mental health assessments while in field using Brief Mental Health Assessment Tool. Balancing individual client autonomy with client and community safety.</p>
<ul style="list-style-type: none"> Skills Required 	<p>Good assessment skills. Ability to complete a mental status exam. Flexible problem-solving skills. Non-judgmental approach to solution focused practice. Good knowledge of community resources.</p>
<ul style="list-style-type: none"> Additional Responsibilities 	
<ul style="list-style-type: none"> Additional License/Certification/Education required 	<p>Bach RN+ 2 years mental health experience</p>

Completed by: Matthew White **Date:** Aug 12, 2015