



Unit Name East Coast Forensic Hospital—Rehabilitation Unit

Unit Location 88 Gloria McCluskey Ave, Dartmouth N.S. B3B-2B8

Program Forensic Mental Health

Nova Scotia Health Authority Inpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

<u>General Information</u>	
Service	East Coast Forensic Hospital Rehabilitation Unit
Site	88 Gloria McCluskey Ave Dartmouth, N.S. B3B2B8
Brief description of the Unit	Forensic Mental Health Rehabilitation Unit. The patient population includes individuals who have been in conflict with the law and have been found not criminally responsible (NCR) or are unfit to stand trial. There is also a six bed Psychiatric Intensive Care Unit (PICU) for patients that are not involved in forensic system but fall under Involuntary Patient Treatment Act (IPTA)
Unit Orientation	All staff attend a general orientation for mental health and addictions which is two weeks. On unit orientation is three weeks or longer depending on the level of experience of the applicant. Staff are assigned a preceptor.
Number of Beds	67

Patient Care

Patient Population	Assessment, (both mental & physical) functional and vocational assessment, education (both group and individual) not limited to medication, symptom management, risk education, addiction education,
Average Patient Age Range	Age range 18 and above
Nursing Model of Care	Primary Nursing: <input checked="" type="checkbox"/> Team Nursing: <input type="checkbox"/> Other: <input type="checkbox"/> Total Patient Care: <input type="checkbox"/> Modified Total Patient Care: <input type="checkbox"/> Other:

Systems

Medication System	Traditional: <input type="checkbox"/> Unit Dosage: <input type="checkbox"/> Other: <input checked="" type="checkbox"/> Other: PYXIS Machine
Scheduling	Manager: <input checked="" type="checkbox"/> Self: <input checked="" type="checkbox"/> We have a collaborate self schedule which includes both staff and manager
Average Number of Staff per Shift	Days: RN <u>2-3</u> LPN <u>2-3</u> CTA <u>2-3</u> Evenings: RN <u>2-3</u> LPN <u>2-3</u> CTA <u>1-2</u> Nights: RN <u>2</u> LPN <u>2-3</u> CTA <u>1-2</u> after 2300 hrs there is 1 RN and 1-2 LPN and 1 CTA . Staffing numbers vary throughout different times of the day
Service Hours	24 hours 7 days per-week
Length of Shift	8hr: <input checked="" type="checkbox"/> 12 hr: <input checked="" type="checkbox"/> Other: <input type="checkbox"/> Other: All shifts are rotational and include days, evenings & nights

Staff

Staff Mix	RN: <u>50</u> % LPN: <u>47</u> % CTA: <u>3</u> %
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Physician Coverage	On Call: <u> X </u> On Site: <u> X </u> N/A: <u> </u> Other: <u> </u> Physician coverage is on site during Monday-Friday and on call after hours weekends and holidays.
Multidisciplinary Team Members	Psychiatry, Psychology, Medical Physician, Nursing, Forensic Case Coordinator, Social Work, Occupational Therapy, Recreational Therapy, Spiritual Care (on consultation)

Required Skills, Qualifications & Experience

RN <i>Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.</i>	
<ul style="list-style-type: none"> Responsibilities 	Assessment skills both mental & physical health. Knowledge of diagnosis of mental illness-signs & symptoms. 1-1 interactions (how to build a positive therapeutic relationship) Respectful communication skills both verbal and written and computer knowledge. Documentation including preparation of Criminal Code Review Board submissions. Collaboration with members of multidisciplinary team. Medication delivery and knowledge of psychiatric medications. Care plan development and evaluation. Critical thinking. Charge Nurse responsibilities (after hours, weekends, holidays etc). Knowledge of Policies and Procedures. Patient safety. Knowledge of concurrent disorders.
<ul style="list-style-type: none"> Skills Required 	Completing mini mental status exams, and physical assessments (knowledge of signs and symptoms of mental & physical illness).Communication skills-both verbal & written ,computer skills. Observation skills, Ability to give Long Acting Injections, deliver medications. Complete vital signs .Ability to deliver total personal care.
<ul style="list-style-type: none"> Additional Responsibilities 	Ability to lift minimum of 50Lbs
<ul style="list-style-type: none"> Additional License/Certification/Education required 	Licensed and registered with Professional Governing Body—College of Registered Nurses of Nova Scotia (CRNNS) or College of Licensed Practical Nurses of Nova Scotia (CLPNNS)

Completed by: Brenda Mate R.N Health Service Manager **Date:** August 4, 2015