**Unit Name** East Coast Forensic Hospital—Rehabilitation Unit

**Unit Location** 88 Gloria McCluskey Ave, Dartmouth N.S. B3B-2B8

**Program** Forensic Mental Health

**Nova Scotia Health Authority Inpatient Service Profile**

The purpose of this Profile is to provide Nurses with an overview of each service area.

<table>
<thead>
<tr>
<th>General Information</th>
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<tr>
<td><strong>Service</strong></td>
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</table>
| **Site** | 88 Gloria McCluskey Ave  
Dartmouth, N.S.  
B3B2B8 |
| **Brief description of the Unit** | Forensic Mental Health Rehabilitation Unit. The patient population includes individuals who have been in conflict with the law and have been found not criminally responsible (NCR) or are unfit to stand trial.  
There is also a six bed Psychiatric Intensive Care Unit (PICU) for patients that are not involved in forensic system but fall under Involuntary Patient Treatment Act (IPTA) |
| **Unit Orientation** | All staff attend a general orientation for mental health and addictions which is two weeks. On unit orientation is three weeks or longer depending on the level of experience of the applicant. Staff are assigned a preceptor. |
| **Number of Beds** | 67 |
### Patient Care

#### Patient Population
Assessment, (both mental & physical) functional and vocational assessment, education (both group and individual) not limited to medication, symptom management, risk education, addiction education,

#### Average Patient Age Range
Age range 18 and above

#### Nursing Model of Care
Primary Nursing: __X__  Team Nursing: _____  Other: _____  Total Patient Care: _____
Modified Total Patient Care: ____
Other:

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### Systems

#### Medication System
- Traditional: _____
- Unit Dosage: _____
- Other: __X__

**Other:** PYXIS Machine

#### Scheduling
Manager: __X__  Self: __X__
We have a collaborate self schedule which includes both staff and manager

#### Average Number of Staff per Shift
- Days:  RN ___2-3___ LPN ___2-3___ CTA ___2-3___
- Evenings: RN ___2-3___ LPN ___2-3___ CTA ___1-2___
- Nights:  RN ___2___ LPN ___2-3___ CTA ___1-2___ after 2300 hrs there is 1 RN and 1-2 LPN and 1 CTA. Staffing numbers vary throughout different times of the day

#### Service Hours
24 hours 7 days per-week

#### Length of Shift
- 8hr: __X__
- 12 hr: __X__
- Other: ____

**Other:** All shifts are rotational and include days, evenings & nights

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### Staff

#### Staff Mix
- RN: 50%  
- LPN: 47%  
- CTA: 3%

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### Physician Coverage

<table>
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<tr>
<th>On Call:</th>
<th>On Site:</th>
<th>N/A:</th>
<th>Other:</th>
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<td>X</td>
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Physician coverage is on site during Monday-Friday and on call after hours weekends and holidays.

### Multidisciplinary Team Members

- Psychiatry
- Psychology
- Medical Physician
- Nursing
- Forensic Case Coordinator
- Social Work
- Occupational Therapy
- Recreational Therapy
- Spiritual Care (on consultation)

### Required Skills, Qualifications & Experience

#### RN

Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.

- **Responsibilities**
  - Assessment skills both mental & physical health. Knowledge of diagnosis of mental illness - signs & symptoms.
  - 1-1 interactions (how to build a positive therapeutic relationship)
  - Respectful communication skills both verbal and written and computer knowledge.
  - Collaboration with members of multidisciplinary team.
  - Medication delivery and knowledge of psychiatric medications.
  - Care plan development and evaluation.
  - Critical thinking.
  - Charge Nurse responsibilities (after hours, weekends, holidays etc).
  - Knowledge of Policies and Procedures.
  - Patient safety.
  - Knowledge of concurrent disorders.

- **Skills Required**
  - Completing mini mental status exams, and physical assessments (knowledge of signs and symptoms of mental & physical illness).
  - Communication skills - both verbal & written, computer skills.
  - Observation skills, Ability to give Long Acting Injections, deliver medications.
  - Complete vital signs.
  - Ability to deliver total personal care.

- **Additional Responsibilities**
  - Ability to lift minimum of 50Lbs

- **Additional License/Certification/Education required**
  - Licensed and registered with Professional Governing Body—College of Registered Nurses of Nova Scotia (CRNNS) or College of Licensed Practical Nurses of Nova Scotia (CLPNNS)

**Completed by:** Brenda Mate R.N Health Service Manager **Date:** August 4, 2015