



Unit Name MIO Unit

Unit Location East Coast Forensic Hospital.

Program Mental health & Addictions

Nova Scotia Health Authority Inpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

<u>General Information</u>	
Service	The Mentally Ill Offender Unit
Site	This facility is co-located with the Central Nova Scotia Correctional facility. They both have separate administration but share some resources in an attempt to cut operating costs. Examples include, laundry, pharmacy, security and health care provision.
Brief description of the Unit	This unit's primary role is to perform assessments ordered by the court system on individuals who have been charged with a crime. The main types of assessments are fitness for trial and criminal responsibility. Other assessments include dangerous offender assessments and long term offender assessments. This unit also receives offenders from the provincial jail system who become unwell psychiatrically during their incarceration and are transferred to the MIO Unit for treatment.
Number of Beds	This is a 24 bed co-ed unit.

Patient Care

Patient Population	Psychiatric or mental status assessments, both the formal court ordered ones and the daily ongoing nursing assessment of immediate status. Medication administration, including all forms. Medical wound treatments from time to time. Routine vital signs, diabetic care.
Average Patient Age Range	18 years old to senior ages
Nursing Model of Care	Primary Nursing: <u> X </u> Team Nursing: <u> X </u> Other: <u> </u> Total Patient Care: <u> </u> Modified Total Patient Care: <u> </u> Other:

Systems

Medication System	Traditional: <u> X </u> Unit Dosage: <u> </u> Other: <u> </u> Other:
Scheduling	Manager: <u> X </u> Self: <u> </u> We work a short week & long week rotation
Average Number of Staff per Shift	Days: RN <u> 2 </u> LPN <u> 1 </u> CTA <u> </u> Evenings: RN <u> 1 </u> LPN <u> 2 </u> CTA <u> </u> Nights: RN <u> 1 </u> LPN <u> 1 </u> CTA <u> </u> EACH shift there is a Correctional Officer who works on the unit very closely with the nursing team. Staff nursing ratios are flexible based on unit acuity.
Service Hours	24hrs per day – 7 days per week.
Length of Shift	8hr: <u> X </u> 12 hr: <u> X </u> Other: <u> </u> Other:

Staff

Staff Mix	RN: <u>60</u> % LPN: <u>40</u> % CTA: <u> </u> %
Physician Coverage	On Call: <u> X </u> On Site: <u> X </u> N/A: <u> </u> Other: <u> </u>
Multidisciplinary Team Members	MIO Unit primarily utilizes nurses and psychiatrists. We also have access to psychologists, recreational therapists, spiritual care, social workers and occupational therapists as needed.

Required Skills, Qualifications & Experience

RN <i>Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.</i>	
• Responsibilities	Health education relating to health issues. Medication administration. Communication with care team members. Charting on patient presentation daily including any dialogues with nursing staff. Responding to medical emergencies – i.e. wounds or injuries from assaults.
• Skills Required	Clear charting, medication knowledge, excellent communication skills with patients, care team s, families and external resources. Wound care.
• Additional Responsibilities	Heavy lifting is rare although it can happen occasionally.
• Additional License/Certification/Education required	BCLS – C , Non-Violent Crisis Intervention training, Addictions Core Competency training.

Completed by: Ken Bowes

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