

**Halifax Infirmary - Minor Procedures and Recovery  
Capital Health Outpatient Service Profile**

(The purpose of this Profile is to provide Nurses with an overview of each service area.)

**Service:** Minor Procedures/Recovery

**Site:** HI site

**Community Served:** Atlantic Provinces (mostly Maritimes)

**Patient Care**

**Procedure Area-** Patients having minor surgical procedures under local anaesthesia. These procedures are performed by Surgeons/Physicians credentialed at CDHA. Some common procedures are hernia repair, carpal tunnel release, removal of skin lesions and removal of hardware, etc.

**Recovery Area-** Patients are referred to this unit because they require preparation and recovery for procedures. Some of the most common procedures are colonoscopy, Gastroscopy, Angiogram, both vascular and neuro, TEE, Dobutamine Studies and bronchoscopes. Administration of blood products/ Intravenous medication to a Neurology patient population (i.e. IVIG, methylprednisolone)

**Average Patient Age Range:** 18-90 years of age

**Skills Required:** Venipuncture for IV insertion and blood collection, Port-a-cath access, strong interpersonal and communication skills, assessment and patient teaching skills; discharge of a patient post IV conscious sedation; administration of blood products; ability to prioritize and work as a member of a multidisciplinary team.

**Additional Responsibilities:** Strong Collaboration with other members of the Health Care Team,

**Experience Considered an Asset:** Previous O.R., Recovery, or ambulatory care experience an asset, ACLS an asset, Physical Assessment skills/course

**Systems**

**Medication System:** Traditional:  Unit Dose:  N/A:  Other:

**Model of Care:** Patient Centered Care

**Size of Caseload:** Procedure end-60-100 patients per week (very dependent on surgical bookings) Recovery end-50-60 patients per week (this includes GI, echo, Angio, Neuro patient populations)

**Physician Coverage:** On Call:   x   On Site:   x   N/A:       

**Multidisciplinary Team Members include:** Nurses, Surgeons, Unit aide, Clerk.  
Collaboration with other units, mostly Echo lab and Diagnostic Imaging, GI service and Respiratory.

**Service Hours:** 07-1700 Monday-Friday

**Length of Shift:** 8hr   x   12hr        other   10 hour shifts