



Unit Name Psychiatric Emergency Services

Unit Location Emergency Department, 3rd Floor Halifax Infirmary

Program Mental Health Program

Nova Scotia Health Authority Outpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

| <u>General Information</u> | |
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| Service | Psychiatric Emergency Service (PES) is a consultation service. We serve individuals requiring an emergency psychiatric assessment referred from the physicians within the emergency department. |
| Site | Located within the QE2 Emergency Department at the Halifax Infirmary Building. |
| Brief description of the Unit | The service conducts emergency psychiatric assessments through the completion of a comprehensive assessment and mental status exam. |
| Unit Orientation | All nurses require a minimum of two years psychiatric clinical experience prior to working at PES. Nurses new to this unit are given six orientation shifts with on-going mentorship. Additional orientation is provided if required. All nurses new to the Mental Health Program receive a classroom mental health orientation. |
| Number of Beds | 0 beds |

Patient Care

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| Patient Population | Our patient population is males and female 19 years and older experiencing a psychiatric emergency. We provide a comprehensive assessment and mental status exam. Disposition includes inpatient admission, referral to crisis services, community referrals and discharge. |
| Average Patient Age Range | Our age range is 19 years of age and older. |
| Nursing Model of Care | Primary Nursing: <input checked="" type="checkbox"/> Team Nursing: <input type="checkbox"/> Other: <input type="checkbox"/> Total Patient Care: <input type="checkbox"/> Modified Total Patient Care: <input type="checkbox"/> Other: |

Systems

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| Medication System | Traditional: <input type="checkbox"/> Unit Dosage: <input checked="" type="checkbox"/> Other: <input type="checkbox"/> Other: |
| Scheduling | Manager: <input checked="" type="checkbox"/> Self: <input type="checkbox"/> |
| Average Number of Staff per Shift | Days: RN <input type="checkbox"/> LPN <input type="checkbox"/> CTA <input type="checkbox"/> Evenings: RN <input type="checkbox"/> LPN <input type="checkbox"/> CTA <input type="checkbox"/> Nights: RN <input type="checkbox"/> LPN <input type="checkbox"/> CTA <input type="checkbox"/> |
| Service Hours | This is a 24 hour a day 7 days a week service. |
| Length of Shift | 8hr: <input type="checkbox"/> 12 hr: <input checked="" type="checkbox"/> Other: <input type="checkbox"/> Other: |

Staff

| | |
|---------------------------|---|
| Staff Mix | RN: <input type="checkbox"/> % LPN: <input type="checkbox"/> % CTA: <input type="checkbox"/> % |
| Physician Coverage | On Call: <input checked="" type="checkbox"/> On Site: <input checked="" type="checkbox"/> N/A: <input type="checkbox"/> Other: <input type="checkbox"/> |

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| Multidisciplinary Team Members | Social workers, psychiatrists, ward clerks, students, and security officers. |
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| <u>Required Skills, Qualifications & Experience</u> | |
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| RN <i>Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.</i> | |
| <ul style="list-style-type: none"> ● Responsibilities | <p>The RN collaborates with the patient, family, formal and informal supports and team members to identify priorities for intervention and develop a plan for resolution.</p> |
| <ul style="list-style-type: none"> ● Skills Required | <p>The RN utilizes nursing processes, critical thinking and problem solving skills to provide care to patients. The RN uses a wide range of psychiatric nursing interventions to promote problem resolution. The RN is required to be skilled in nursing assessments, de-escalation of agitation and aggression and intervention of acute crisis. Effective communication and collaboration skills are critically important to delivering safe and effective care.</p> |
| <ul style="list-style-type: none"> ● Additional Responsibilities | <p>The RN supports the development of students and colleagues by acting as a preceptor and providing ongoing mentorship. The nurse collaborates with other disciplines while providing comprehensive nursing care as well as participates in quality improvement initiatives.</p> |
| <ul style="list-style-type: none"> ● Additional License/Certification/Education required | <p>Psychiatric Nursing Education is an asset.</p> |

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