



CONTINUING CARE

PROGRAMS AND SERVICES

HOW TO CONTACT US AND ACCESS CONTINUING CARE PROGRAMS AND SERVICES

Call to make a referral or to get information.



Call toll free **1-800-225-7225**
8:30 am – 4:30 pm, 7 days a week



Visit website:
www.nshealth.ca/continuing-care



www.nshealth.ca

MC0008-03-17



HELPING YOU LIVE WELL
IN THE PLACE YOU CALL HOME.



HOW WE CAN HELP

Continuing Care programs and services help people live safely in the place they call home. Our goal is to help you live well at home, for as long as possible.

We will assess your needs for care, determine what home and community-based programs and services are right for you, create your care plan and set up services.

Call us toll free at **1-800-225-7225**. Anyone can call us to make a referral – as long as the person being referred is aware. You do not need a doctor's referral to call us.



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COORDINATING YOUR CARE

Once you call us to make a referral, you will be contacted by a Continuing Care Coordinator - a registered health care professional who guides you every step of the way.

Your Care Coordinator will visit you to assess your unique care needs, and work with you and your loved ones to make a care plan.

Your Care Coordinator will determine what services you are eligible for, whether you will need to pay a fee, and will set up those services.

- **HOME SUPPORT SERVICES** help people with bathing, dressing, preparing meals, and essential housekeeping.
- **NURSING SERVICES** at home such as IV therapy, catheter care, peritoneal dialysis, wound care, and general nursing care. Nursing services require a physician order.
- **CAREGIVER BENEFIT PROGRAM** offers funding to people who are caring for someone with a low-income and high care needs.
- **FAMILY RELIEF/RESPITE SERVICES** – both in-home and in-facility, give caregivers a short-term break.
- **SELF MANAGED CARE PROGRAM** helps people with physical disabilities set up and manage their own care services.
- **SUPPORTIVE CARE PROGRAM** helps seniors with cognitive impairments (or those under 65 with a diagnosis of dementia) purchase home support services.
- **COMMUNITY BED LOAN PROGRAM** offers temporary use of a hospital bed at home.
- **COMMUNITY WHEELCHAIR LOAN PROGRAM** loans low-income seniors manual or powered wheelchairs to use at home.
- **HOME OXYGEN SERVICES** provide in-home oxygen equipment and supplies.
- **PERSONAL ALERT ASSISTANCE PROGRAM** helps people purchase a personal alert device or emergency response service.
- **LONG-TERM CARE FACILITY PLACEMENT:** We want you to be as independent as possible so you can safely stay in your home. If this is no longer possible, an application for a licensed long-term care home may be considered. An assessment is done to determine what level and type of care is needed in either a Residential Care Facility or Nursing Home. A Medical Status Report must be completed by a doctor.
- **PROTECTION FOR PERSONS IN CARE:** Service for reporting allegations or instances of abuse of persons in a health care facility.
- **ADULT PROTECTION:** Support services to help persons living in situations of risk, self-neglect or abuse.

Additional programs and services can help people with their mobility and activities of daily life.

All programs have eligibility criteria.

Depending on your income, you may need to pay a fee for some services.

To be assessed, or have a loved one assessed for care, **call 1-800-225-7225.**