

MUSIC THERAPY INTERNSHIP DESCRIPTION

POSITION TITLE:

- Music Therapy Internship Placement.

QUALIFICATIONS:

- Students will have completed their 4th year of study in the Bachelor of Music with a concentration in Music Therapy or a Bachelor of Music Therapy.

OR

- Students will have completed their Certificate of Equivalency in Music Therapy.

DEFINITION OF POSITION:

- Interns will complete a 1000-hour placement. This may be completed on a full-time (6 month) or part-time (up to one year) basis depending on the site chosen and the intern's needs.
- Internship placements may be available with the following populations:
 - Long Term Care (Camp Hill Veterans' Memorial Building),
 - Palliative Care in-patient population (Victoria General 7th Floor)
- The Music Therapy Intern will report to the allocated on-site supervisor.
- With a gradual increase in responsibility, interns will gain experience, knowledge and competency in the areas outlined below.

RESPONSIBILITIES:

1. Referral and Acceptance

- ❖ Request and accept/secure referrals from professionals or other sources.

2. Assessment

- ❖ Obtain/review background information from records or charts, other professionals and family/significant others.
- ❖ Interview client/patient and significant others to assess physical, social, emotional, cognitive, and spiritual functioning.

- ❖ Observe behaviour to assess functioning.
- ❖ Complete appropriate assessment procedures.
- ❖ Analyse/interpret results of assessment.

3. *Treatment Planning*

- ❖ Involve client/patient or relevant others in individualized program/treatment plan design.
- ❖ Follow professional guidelines.
- ❖ Develop and document individualized plan based on assessment. Write goals that focus on assessed needs and strengths of the client and contain objectives that are operationally defined for achieving the stated goals within estimated time frames.
- ❖ Specify procedures, including music and music materials for attaining the objectives.
- ❖ Provide for periodic evaluation and appropriate modifications as needed, changing to meet the priority needs of the client during crisis intervention.
- ❖ Develop and document charting procedures to summarize the type, frequency and duration of music therapy intervention, recommended transitional programs, referrals and follow-up plan. Optimize the program plans of other disciplines.

4. *Implementation*

- ❖ Implement individualized plan.
- ❖ Strive for the highest level and quality of music involvement consistent with the functioning level of the client and the music therapy intern's best abilities as a musician.
- ❖ Make every effort to ensure safety and quality client care.
- ❖ Maintain close communication with other individuals involved with the client.
- ❖ Incorporate the results of evaluations in subsequent programming.

5. *Documentation*

- ❖ Document client's referral to music therapy, assessment results, treatment plan, ongoing progress and discharge summary in accordance with team requirements.
- ❖ Write in an objective, professional style based on observable client responses.
- ❖ Document on client charts when charting by exception or when updating treatment plan based on evaluation.
- ❖ Document internship hours.

- ❖ Document risk management incidents.

6. Termination of Services

- ❖ The music therapy intern will terminate music therapy services when the client has attained stated goals and objectives, fails to benefit from services, can no longer be scheduled or is discharged.
- ❖ Coordinate with the individualized program plans of other services received by the client.
- ❖ Summarize the client's progress and functioning level at the time of termination.

7. Other responsibilities.

- ❖ Member in good standing with the CAMT.
 - ❖ The Intern must meet the pre-placement requirements of student learner placements for NSHA which may also include the purchase liability insurance at the students expense if not covered by the student's university insurance coverage. Please visit NSHA student learner website for further details regarding pre-placement requirements at:
<http://www.nshealth.ca/student-learner-placement>
 - ❖ If the student's first language is not English, proof of Language proficiency will be required. Details on required language test and minimum score will be communicated if the applicant indicates that English is not their first language.
 - ❖ Present an in-service as appropriate.
 - ❖ Create a special project (as appropriate)
 - ❖ In conjunction with Music Therapy supervisor, develop and monitor personal, educational goals, objectives and progress.
 - ❖ Demonstrate professional conduct.
 - ❖ Maintain patient confidentiality.
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HOURS OF WORK:

- Flexible working hours including weekends and evenings, as required.

STUDENT'S HOUSING, FOOD, SUPPLEMENTS & STIPENDS

- Currently, there are not any stipends available for internships.