**Unit Name:** Emerald Hall  
**Unit Location:** Nova Scotia Hospital  
**Program:** Mental Health  

**Nova Scotia Health Authority Inpatient Service Profile**  
The purpose of this Profile is to provide Nurses with an overview of each service area.

<table>
<thead>
<tr>
<th>General Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Service</strong></td>
</tr>
<tr>
<td><strong>Site</strong></td>
</tr>
</tbody>
</table>

**Brief description of the Unit**  
CDHA’s Dual Diagnosis Program provides tertiary services for persons living with an intellectual or developmental disability and complex mental health or behavioral difficulties. We provide community based services through our Community Outreach Assessment Support and Treatment team (COAST) and acute services on our inpatient unit, Emerald Hall. Admission to our acute inpatient service is limited to individuals assessed by the COAST team. The Dual Diagnosis Program is committed to a collaborative approach to care and seeks the involvement of family and caregivers in the recovery process for the person with a dual diagnosis.

**Unit Orientation**  
Individualized, based on the need of the person  
Assigned to a preceptor  
Some self directed learning modules and readings  
New Grads have longer mentorship period and post grad sessions with Educator
### Number of Beds

<table>
<thead>
<tr>
<th>Number of Beds</th>
</tr>
</thead>
<tbody>
<tr>
<td>15</td>
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</tbody>
</table>

#### Patient Care

### Patient Population

Adults with Developmental / Neurodevelopmental Disability plus a Mental Health or behavioral issue (including Autism and ASD).

- Positive behavioral support
- Nursing Psychological Assessments
- Medication dispensing and monitoring for effectiveness and side effects
- Skill building and ADLs (Developmental Workers)

### Average Patient Age Range

Age 20 - 52

### Nursing Model of Care

- Primary Nursing: X
- Team Nursing: 
- Other: 
- Total Patient Care: 
- Modified Total Patient Care: 
- Other: 

### Systems

### Medication System

- Traditional: 
- Unit Dosage: 
- Other: X
- Other: Pyxis

### Scheduling

- Manager: X
- Self: 

### Average Number of Staff per Shift

- Days: RN 2 LPN 1 DW 8
- Evenings: RN 1 LPN 1 DW 8
- Nights: RN 1 LPN DW 1

### Service Hours

- 24 hours a day – 7 days a week

### Length of Shift

- 8hr: 
- 12 hr: X
- Other: 
- Other: 

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Staff

Staff Mix

<table>
<thead>
<tr>
<th></th>
<th>RN</th>
<th>LPN</th>
<th>Overall</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td>10</td>
<td>10</td>
<td>80</td>
</tr>
</tbody>
</table>

Physician Coverage

<table>
<thead>
<tr>
<th>Coverage</th>
<th>On Call</th>
<th>On Site</th>
<th>N/A</th>
<th>Other</th>
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</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>X</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

On site Mon. – Fri.

Nights and Weekends on call

Multidisciplinary Team Members

<table>
<thead>
<tr>
<th>Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>RN, LPN</td>
</tr>
<tr>
<td>Behavior Analyst</td>
</tr>
<tr>
<td>Psychiatry</td>
</tr>
<tr>
<td>Psychology</td>
</tr>
<tr>
<td>Social Work</td>
</tr>
<tr>
<td>Occupational Therapy</td>
</tr>
<tr>
<td>Developmental Workers</td>
</tr>
</tbody>
</table>

Required Skills, Qualifications & Experience

RN

Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.

- **Responsibilities**
  - Medical and Psychiatric Assessment
  - Treatments
  - Medication administration
  - Charge Nurse duties
  - Communicating with families and/or group home staff
  - Participating in care plan meetings and family meetings

- **Skills Required**
  - Apart from basic nursing skills:
  - Non Violent Crisis Intervention Training
  - Knowledge of Positive Behavioral Support
  - Problem solving skills
<table>
<thead>
<tr>
<th>Additional Responsibilities</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Additional License/Certification/Education required</td>
<td>NVCI (provided by the organization)</td>
</tr>
</tbody>
</table>

**Completed by:** Jacklyn Clark  **Date:** August 6, 2015