



Department: Addictions Intensive Treatment Services, Opioid Treatment Program

Location: Nova Scotia Hospital, Purdy Building, 1st floor

Program: Opioid Replacement Therapy

Nova Scotia Health Authority Outpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

<u>General Information</u>	
Service	Addiction Services - Intensive Treatment Service, Opioid Treatment Program
Site	300 Pleasant Street, Dartmouth Nova Scotia, B2Y 3Z6 Nova Scotia Hospital, Purdy Building, 1 st floor
Brief description of the Unit	Voluntary program Provide clients who are dependent on opioids with access to methadone/Suboxone maintenance treatment. For clients who are dependent on opioids, methadone/Suboxone maintenance treatment provides access to a stable supply of a legal, pharmaceutical grade medication. The longer clients who are dependent on opioids remain in methadone/Suboxone maintenance treatment, the more likely they are to maintain stable, productive lives in the community.
Unit Orientation	Experienced RN's- 3-5 day orientation with a preceptor. Nurse educator involved in supporting methadone education, as well as, addressing the learning needs of each individual staff. One week Mental Health and Addictions Orientation. Mandatory LMS education. LMS Concurrent Disorder Education-9 modules. Grad Nurses-5-10 day orientation with a preceptor. Nurse educator involved in supporting methadone education, as well as, addressing the learning needs of each individual staff. One day NSHA Orientation. One week Mental Health and

	Addictions Orientation. Connected to the grad nurse education program offered by NSHA for on-going support. Mandatory LMS education. LMS Concurrent Disorder Education-9 modules.
Number of Beds	Outpatient Clinic. Capacity 180 clients

Patient Care

Patient Population	<p>Methadone/Suboxone is a proven treatment to eliminate or minimize opioid withdrawal and reduce opioid craving. It provides individuals with the opportunity to live a stable life, improve health and reduce the risks associated with drug use. Methadone is a treatment and one part of a comprehensive treatment plan which encourages each client to embrace recovery/wellness. Clients accepted to the OTP have been assessed and it has been determined that they are dependent on opioids.</p> <p>There are three phases of the program: <u>Stabilization:</u> the clients are titrated up to a dose of Methadone/Suboxone until they are at a dose in which they are comfortable for at least the 24 hours between doses. Clients are followed daily in the clinic for administration of Methadone/Suboxone, random urine drug screens (UDS) and assessments. <u>Transitional:</u> Goal of is to assist the client in achieving more independence as they become more involved in the recovery process. They are required to come to the OTP Clinic Monday to Friday for administration of Methadone/Suboxone, random urine drug screens (UDS) and assessments. On Friday, they are given two bottles of Methadone to take home – one for Saturday and one for Sunday. <u>Community:</u> Provides the client convenience, independence and responsibility to manage their lives while still staying connected to the program for support and guidance. Methadone will be dispensed by a pharmacy in and once a month the client is booked to see the physician at the clinic.</p> <p>Clients receive individual interaction with nursing, social work staff, group therapy, randomized urine drug testing and crisis intervention.</p>
Average Patient Age Range	19-60 years of age.
Nursing Model of Care	<p>Primary Nursing: Team Nursing: <u> X </u> Other: <u> </u> Total Patient Care: <u> </u> Modified Total Patient Care: <u> </u></p> <p>Other:</p>

Systems

Medication System	Traditional: _____ Unit Dosage: Other: <u> X </u> Other: Methameasure (methadone dispensing system)
Scheduling	Manager: <u> X </u> Self: _____
Average Number of Staff per Shift	Days: RN <u> 2 </u> LPN <u> 2 </u>
Service Hours	0700-1500 hours Monday to Friday
Length of Shift	8hr: <u> X </u> 12 hr: _____ Other: _____

Staff

Staff Mix	RN: <u> 50 </u> % LPN: <u> 50 </u> %
Physician Coverage	On Call: _____ On Site: <u> X </u>
Multidisciplinary Team Members	Social Workers- Clinical therapists Recreation Therapist on referral Psychiatrist on referral Housekeeping Administration staff

Required Skills, Qualifications & Experience

RN

Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.

• Responsibilities

Direct Client care and coordinating that care within a ever-changing dynamic environment
Developing Therapeutic Working Relationships with the client
Client care plan development and goal setting
Supervising and assessing and supporting clients titration up and down on Methadone/Suboxone Administration of Methadone/Suboxone

	<p>Consult with physicians. UDS testing and interpretation and reporting of results Client education and counseling Working with and communicating with a multidisciplinary team Supervision of LPN's Staff client assignment and assignment of unit duties Documentation</p>
<ul style="list-style-type: none"> • Skills Required 	<p>Medication administration. Working knowledge of medications used for opioid replacement and their potential interaction with other medications. Assessment of signs of withdrawal symptoms Assessment of signs and symptoms of impairment Excellent verbal and written communication skills Physical and Mental Assessment skills Therapeutic relationship building Crisis intervention</p>
<ul style="list-style-type: none"> • Additional Responsibilities 	<p>Critical thinking skills Client advocacy Ability to work within a multi disciplinary team</p>
<ul style="list-style-type: none"> • Additional License/Certification/Education required 	<p>BLS Non violent Crisis Intervention</p>

Completed by: Charlene Casey-Gomes **Date:** July 29, 2015