Unit Name Willow Hall

Unit Location Main Floor Mount Hope Building– Nova Scotia Hospital Site

Program Seniors Mental Health

Nova Scotia Health Authority Inpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

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### Patient Care

#### Patient Population
Over the age of 65 with new onset of psychiatric symptoms and those who have dementia with prominent psychiatric features (at any age).

Assessment and treatment of psychiatric and medical symptoms by the interdisciplinary team which may involve the following assessments: cognitive, functional, continuing care, etc.

Individualized Care Plans
Psychological support through therapeutic relationships with the clinicians
Medication Management
Assistance and total care with Activities of Daily Living
Family Support

#### Average Patient Age Range
- Over the age of 65 with new onset of psychiatric symptoms
- Those who have dementia with prominent psychiatric features (at any age).

#### Nursing Model of Care
- **Primary Nursing:**
- **Team Nursing:**
- **Other:**
- **Total Patient Care:**
- **Modified Total Patient Care:**

**Other:** The nursing model of care on Willow is a combination of primary and team based nursing. Each patient is assigned a primary nurse, however, the nursing team works together to provide care in the safest manner possible. Some patients require very little assistance with ADL’s while others are total care.

### Systems

#### Medication System
- **Traditional:**
- **Unit Dosage:**
- **Other:**

**Other:** Pyxis

#### Scheduling
- **Manager:**
- **Self:**

In collaboration, the Team Support Clerk and the Charge Nurse, develop a schedule for each year with input from staff members.

#### Average Number of Staff per Shift
- **Days:** RN _2____ LPN____ CTA__ Total of 5 staff, 3 could be LPN, CTA or RN
- **Evenings:** RN _2____ LPN_____ CTA__ Total of 4 staff, 2 could be LPN, CTA or RN
### Nights
RN __1__ LPN ___ CTA __ Total of 2 staff, 1 could be LPN, CTA or RN

### Service Hours
24 hours a day, 7 days a week

### Length of Shift
8hr: _X_ 12 hr: _X_ Other: ___

**Other:** Charge Nurse works Monday to Friday 7-15:00

## Staff

### Staff Mix
RN: ___60___%  LPN: ___30___%  CTA: ___10___% (Permanent Full Time Staff)

### Physician Coverage
On Call: _X_ On Site: _X_ N/A: ___ Other: ___

On Site Mon – Fri

Nights and Weekends on call

### Multidisciplinary Team Members
CTA, LPN, Occupational Therapy, Physicians in Family Medicine and Psychiatry, Psychology, RN, Recreation Therapy and Recreation Therapy Associate, Social Work, Team Support Clerk, and Unit Aide.

## Required Skills, Qualifications & Experience

### RN
*Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.*

- **Responsibilities**
  - Medical and Psychiatric assessment, treatment, and evaluation.
  - Charge Nurse duties
  - Individualized Care Plans
  - Medication Management
  - Family Support
  - Participating in Team Rounds and Family Meetings

- **Skills Required**
  - Basic Nursing Skills
| Non Violent Crisis Intervention Training |
| Training using the Pyxis medstation |
| Ventrogluteal injections |
| Therapeutic Relationships |
| Knowledge and/or experience of psychological therapies an asset |

- **Additional Responsibilities**

- **Additional License/Certification/Education required**

| BLS (every 2 years) |
| Non Violent Crisis Intervention (every year) |

**Completed by:** Amanda Nickerson  
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