

**Rehab - CV and Pulmonary Health in Motion
Capital Health Outpatient Service Profile**

(The purpose of this Profile is to provide Nurses with an overview of each service area.)

Service: CV and Pulmonary Health in Motion Site: NS Rehab Centre

Community Served: Cardiac and pulmonary rehabilitation

Patient Care

Patient Population: Cardiac rehab: recent event related to a heart attack, open-heart surgery, percutaneous coronary intervention, angina, congestive heart failure, peripheral vascular disease Pulmonary rehab: chronic obstructive pulmonary disease, asthma, interstitial lung disease, cystic fibrosis, lung reduction surgery or lung transplantation, cancer of the lung, sleep apnea

Average Patient Age Range: Average: 61 - 65 years. Range 33-94 years

Skills Required: At least two years recent clinical nursing experience. Current BCLS certification including AED.

Additional Responsibilities: Patient assessment. Attends all exercise sessions, monitors patients' vital signs as well as signs and symptoms during the exercise session; telemetry monitoring; manages any acute emergency event during the exercise sessions. Education sessions.

Experience Considered an Asset: Cardiac experience; cardiac rhythm interpretation; one-year cardiac and/or pulmonary rehab experience; ACSM Exercise Specialist; experience and/or training in motivational interviewing and enhancement techniques; ACLS certification

Systems

Medication System: Traditional: ____ Unit Dose: ____ N/A: __x__ Other: ____

Model of Care: patient/class assignment

Size of Caseload: 45-55 patients

Physician Coverage: On Call: __x__ On Site: ____ N/A: ____

Multidisciplinary Team Members Include: Nurse, physiotherapist, dietitian
Cardiologists, respirologists, collaborates with pharmacist, psychologist

Service Hours: 0800 – 1600 hours

Length of Shift: 8hr __x__ 12hr ____ Other ____