



Unit Name Rheumatology Clinic

Unit Location Nova Scotia Rehabilitation & Arthritis Care Centre

Program Rehabilitation & Supportive Care Services and the Division of Rheumatology

Nova Scotia Health Authority Inpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

<u>General Information</u>	
Service	Outpatient Rheumatology Clinic
Site	2nd floor of the Nova Scotia Rehabilitation & Arthritis Care Centre
Brief description of the Unit	
Unit Orientation	<p>Preference for hiring nurses with medical surgical experience and focus in acute assessment and education. Outpatient experience is an asset</p> <p>Orientation is based on needs of new hire. Where competencies are needed for delivering methotrexate injection/TB testing/IM injections/phlebotomy, clinical nurse educator involved. Orientation includes some shadowing opportunities with experienced staff, self-directed learning with orientation binder as guide, expectations for individuals to identify learning needs and an individual plan will be made</p>
Number of Beds	

Patient Care

Patient Population	Patients being referred for a potential diagnosis of inflammatory arthritis New and return patients living with inflammatory arthritis- focus on 'treat to target' to minimize and/or prevent functional disability and co-morbidities associated with inflammatory arthritis Deliver evidence informed outpatient interventions & therapies known to positively impact inflammatory arthritis disease impact e.g methotrexate injections & patient/family teaching to self-administer
Average Patient Age Range	17-90
Nursing Model of Care	Primary Nursing: _____ Team Nursing: <input checked="" type="checkbox"/> Other: _____ Total Patient Care: _____ Modified Total Patient Care: _____ Other:

Systems

Medication System	Traditional: _____ Unit Dosage: _____ Other: _____ Other:
Scheduling	Manager: <input checked="" type="checkbox"/> Self: _____
Average Number of Staff per Shift	Days: RN <u>1-2</u> LPN <u>2</u> Evenings: RN _____ LPN _____ Nights: RN _____ LPN _____
Service Hours	8:00-5:00, Monday-Friday
Length of Shift	8hr <input checked="" type="checkbox"/> 12hr _____ Other _____ Other:

Staff

Staff Mix	RN <u>37.5</u> % LPN <u>62.5</u> %
Physician Coverage	On Call: <u>X</u> On Site: <u>X</u> N/A: _____ Other _____ Family Physician/ Hospitalist <u>X</u>
Multidisciplinary Team Members	The clinic also has part of a physiotherapist, medication resource specialist and clinic aide

Required Skills, Qualifications & Experience

RN

Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.

• Responsibilities	Nursing focus on early education, medication reconciliation, medication administration and self-management of inflammatory arthritis. Nurses are responsible to manage a patient phone line including assessing/triaging/educating/recommending appropriate course of action to patient medical inquiries. Liaising & collaborating with other members of the multi-disciplinary team and external agencies (pharmacies, private medical insurance, pharmaceutical agencies) related to patient care, medications/ coverage etc.
• Skills Required	Strong interviewing/assessment and teaching skills. Phlebotomy, IM & Subcutaneous injections, TB testing and interpretation. Competence & comfort with electronic documentation and use of electronic databases. Ability to multi-task multiple competing demand on time.
• Additional Responsibilities	Occasionally required to start IVs
• Additional License/Certification/Education required	

Completed by: Ceri Gunn **Date:** July 10, 2015