For Students Arriving from Outside of Atlantic Canada

MY STUDENT SELF-ISOLATION LOCATION

14 DAYS +3 TESTS
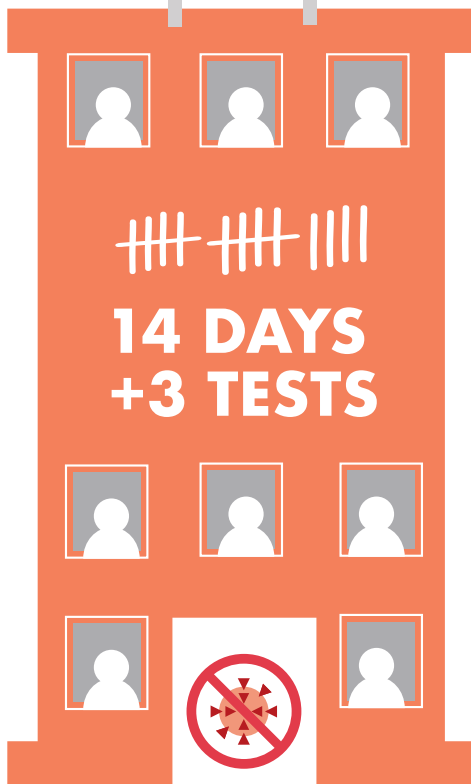
University and NSCC students coming to Nova Scotia from outside of the Atlantic Provinces on or after August 20, 2020 are required to complete three (3) COVID-19 tests during the 14-day self-isolation period.

For those who arrived before August 20 and are self-isolating on campus, you must complete at least one test during self-isolation.

Full details, including a fact sheet, are available at novascotia.ca/coronavirus/education/.

Details about your appointment

- You'll receive an email from Nova Scotia Health with the dates, times and location for your appointment.

- The testing location is based on the information you provided about your self-isolation location.

- You can walk, drive, bike or taxi to your appointment.

  Please DO NOT take the bus or ferry. If you need help with transportation, reply to the appointment email.

For your testing appointment

- Remember to bring your student ID and health card *(if you have one from a Canadian province/territory)*

- **Wear a non-medical mask to the appointment** *(also required in public indoor spaces and in taxis)*

Updated Sept. 4, 2020

STUDENT ID

PROV. HEALTH CARD

nova scotia **health**

For information visit: novascotia.ca/coronavirus

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Getting Your Test Results

Negative test results are delivered by email. You'll receive the results within 48 to 72 hours after each test (sometimes even sooner).

If you test positive for COVID-19, Public Health will call you to let you know and start the case investigation.

This process includes contact tracing.

IMPORTANT: As per the health protection order, you must complete the full 14-day self-isolation **AND** three COVID-19 tests during the self-isolation period. Completion of self-isolation and all tests is needed even when you receive negative test results.
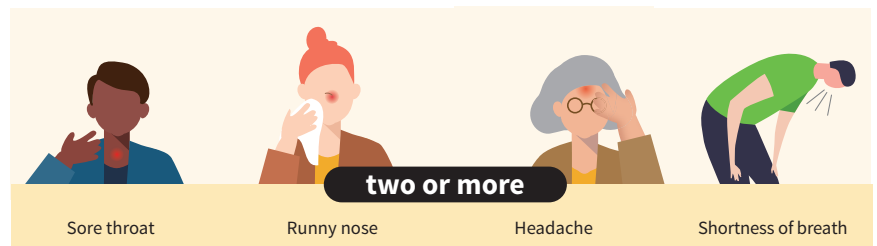
Updated Sept. 4, 2020

When to seek care: COVID-19 symptoms

Do you have a fever or cough (new or getting worse)? **Call 811 for assessment.**
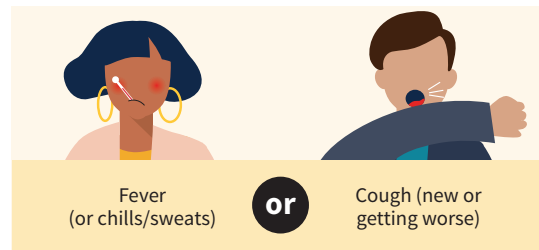
Do you have two or more of these symptoms: sore throat, runny nose, headache, or shortness of breath? **Call 811 for assessment.**

Fever (or chills/sweats) **or** Cough (new or getting worse)

two or more

Sore throat   Runny nose   Headache   Shortness of breath

nova scotia health

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