Statins
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Why do I need this medicine?
This medicine helps lower high levels of cholesterol.

Generic names:
› Atorvastatin
› Fluvastatin
› Lovastatin
› Pravastatin
› Rosuvastatin
› Simvastatin

Brand names:
› Lipitor®
› Lescol®
› Mevacor®
› Pravachol®
› Crestor®
› Zocor®

My medicine is called: ____________________

What are your questions?
Please ask. We are here to help you.
How to take and store this medicine

• Keep all medicine out of the reach of children and pets.
• Lovastatin is taken with food, usually at suppertime. Other medicines may be taken with or without food and are usually taken at suppertime or bedtime.
• Store your medicine in a tightly closed container at room temperature (15-30 °C) away from heat, moisture, and direct light. Do not store it in the bathroom.

If you miss a dose

• Take it as soon as possible.
• Skip the missed dose if it is almost time for your next scheduled dose.
• Do not take two doses at the same time.
Medicines and foods to avoid

• Ask your doctor or pharmacist before taking any other medicines, including over-the-counter products.
• Do not have grapefruit or grapefruit juice if you are taking any of these medicines (except rosuvastatin).
• Check with your doctor before taking gemfibrozil (Lopid®), cyclosporin, erythromycin, warfarin (Coumadin®), clarithromycin, niacin, or about any medicines or foods that you should avoid.

Warnings

• Check with your doctor before taking these medicines if you have had liver disease, kidney disease, or a muscle disorder.
• These medicines are used to control high cholesterol levels along with diet and exercise. Your doctor may suggest weight loss if you are overweight. These lifestyle changes are all important in keeping your cholesterol level normal.
Call your doctor right away or go to the Emergency Department if you have:

› Skin rash
› Hives
› Muscle pain
› Weakness
› Cramps
› Blurred vision

If you have any of these less serious side effects, talk to your doctor or pharmacist:

› Nausea
› Constipation
› Diarrhea
› Headache

If you have other side effects that you think are caused by this medicine, tell your doctor.
Questions for my health care provider: