Children like to get close. Head lice like to travel. Your child could bring them home someday.

**Head lice are not harmful, just a nuisance.** Anyone with hair can get head lice.

Teach your child not to share items that touch the hair. Tie back long hair.

**Check your child's hair regularly — we suggest once a week.** Head lice are tiny insects that live on the head.

They lay eggs (called nits) close to the scalp.

**If you find head lice, don’t panic.** Ask for the pamphlet *How to Prevent, Find, and Treat Head Lice* at your local school, pharmacy, or Public Health office.