



Patient & Family Guide  
2017

# Head & Neck Oncology Case Manager

Helping Patients and  
Families Through the  
Cancer Journey



[www.nshealth.ca](http://www.nshealth.ca)

# Head & Neck Oncology Case Manager

Patients and families living with head and neck cancers often feel like they are entering a maze when they begin the cancer care journey.

Our team tries to give the best care possible for head and neck cancer patients and their families. We have a team of health care professionals who work together to plan your care.

Patients with head and neck cancers often need very involved treatments. These treatments may change your life in many ways, for some time. You may no longer be able to take part in the things you used to do. The way you feel about and interact with your family and friends may change. You may need help with managing your emotions, relationships and activities.

The Head and Neck Cancer Care team knows that each patient is unique and has their own needs, values, likes and dislikes.

Information, support and having someone to talk to are very important. These things will help you and your family be fully involved in your care.

The head and neck oncology case manager:

- Is a nurse who has special training in caring for cancer patients.
- Can help you decide what services you may need to make your life better.
- Can help with your questions and concerns.
- Can help you learn the things you need to know about your kind of cancer and its treatment.
- Can help with pain control and other unwanted symptoms that may come up.
- Is here to help you and your family through the cancer journey.

## **Contact**

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**What are your questions?**

**Please ask. We are here to help you.**

