

After Your Pacemaker or Device Procedure

Cardiac Day Unit/
Same Day Surgery:
Care After Sedation

Aussi disponible en français :

*Après l'implantation d'un stimulateur cardiaque
(pacemaker) ou d'un dispositif médical - Unité de
soins cardiaques de jour / Unité de chirurgie d'un
jour : Soins après une sédation (FF85-1746)*



After Your Pacemaker or Device Procedure Care After Sedation

- Sedation is a treatment to help you have less pain during a procedure.
- You will get sedation medicine through a needle (intravenous or IV) in your vein.
- The medicine will make you feel more comfortable and relaxed. You will be awake but drowsy, and feel less pain or no pain at all.
- Afterwards, you may not remember parts of your procedure.
- The effects of this medicine should not last for more than 24 hours (1 day).
- It is important for you and your caregiver at home to understand these instructions and to follow them when you are discharged from the Cardiac Day Unit/Same Day Surgery.

Instructions

- **Do not** drive a car or bicycle, climb stairs, cook, operate machinery, or drink alcohol for 24 hours after your procedure.
- **Ask your doctor if it is OK for you to drive after 24 hours.**

- You must have a responsible adult drive you home and stay with you overnight.
- You should rest for 24 hours after this treatment as part of recovery and healing.
- **Do not make any important decisions for 24 hours after your procedure** (such as signing a contract, making a large purchase, or agreeing to an important commitment).
- You **may** feel sick to your stomach. If you do, clear liquids such as flat ginger ale, water, tea, broth, Gatorade®, or Jell-O® may be best. Once your stomach settles, you can slowly restart on solid food.

Go to the nearest Emergency Department if you:

- › have shortness of breath
- › have chest pain
- › are fainting (passing out)

For more instructions, including care of your incision (cut), refer to these pamphlets:

- › *Living with your Pacemaker*
- › *Living with your Implantable Cardioverter Defibrillator (ICD)*

Medications prescribed:	
Continue your usual medications:	

Followup appointment in Pacemaker/ Device Clinic:	
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Looking for more health information?

Find this pamphlet and all our patient resources here: <http://library.nshealth.ca/PatientGuides>

Contact your local public library for books, videos, magazines, and other resources.

For more information, go to <http://library.novascotia.ca>

Connect with a registered nurse in Nova Scotia any time: call 811 or visit <https://811.novascotia.ca>

Learn about other programs and services in your community: call 211 or visit <http://ns.211.ca>

Nova Scotia Health Authority promotes a smoke-free, vape-free, and scent-free environment.

Please do not use perfumed products. Thank you!

www.nshealth.ca

*Prepared by: Cardiac Day Unit
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The information is not intended to be and does not constitute health care or medical advice.

If you have any questions, please ask your health care provider.

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The information in this pamphlet is to be updated every 3 years or as needed.