Stool Collection for Culture and Sensitivity

Instructions

• You must follow the special rules on the back of this pamphlet.

• Your doctor has given you a form for this test. This form is called your requisition.

• Use only the specimen vial given to you by your doctor, local lab, or blood collection clinic. It should have a blue top and pink liquid inside.

• If you have to collect stool (poop) for ova and parasites (vial with yellow top and clear liquid inside), do it at the same time as this collection.

• If you have to collect more than one blue top vial, collect each on a different day.

• Use only a ballpoint pen when writing on the specimen vial.

• Keep the specimen in the fridge until you can bring it to the lab.
1. Write your **full name**, your health card number, and the date and time of collection on both the requisition and the specimen vial.

2. Collect your stool (poop) in a clean, dry container. **Do not let your stool touch any urine (pee) or the toilet water.**

3. Use the scoop inside the lid of the specimen vial to add stool until it reaches the fill line.

4. Use the same scoop to mix the stool with the fluid in the vial.
5. Screw the lid on tight and put the vial in the fridge until you can take it to the lab.

6. Bring each filled specimen vial and requisition to an approved drop-off site no more than 24 hours after you finish the collection (see back cover for sites).

What are your questions? Please ask. We are here to help you. Please see back cover for contact information.
Special rules
- There are rules you must follow for 5 days before you collect stool for culture and sensitivity.
- For 5 days before collecting your stool, avoid:
  - Mineral oils
  - Bismuth (Pepto-Bismol®)
  - Barium
  - Kaolin
  - Attapulgite (Kaopectate®)

Each requisition must have:
- Your full name and date of birth
- Your health card number
- Your doctor’s full name and address
- The names of all antibiotics you are taking
- The names of all countries outside of North America that you have visited (or emigrated from) in the past 12 months
- Date and time of stool collection
24-hour access for drop-offs available in Halifax:
QEII Health Sciences Centre Central Specimen Accessioning 5788 University Avenue Main floor, Mackenzie Building

Or drop off your sample at your local lab. Hours and addresses vary. Check www.nshealth.ca for more information.
Phone: 902-473-2266
Email: DPLMCustomerService@nshealth.ca