Spiritual Care

Colchester East Hants Health Centre

All patients have the right to holistic care, which includes caring for the body, mind and spirit.

A multi-faith approach will be supported.
Spiritual Care
Colchester East Hants Health Centre (CEHHC) provides access to spiritual guidance for patients and family members requesting such services.

All spiritual care services provided by CEHHC are:

• Respectful of the wide range of beliefs, lifestyles and backgrounds found within communities today, in particular in relation to age, gender, ethnicity, sexual orientation, disability and religion/belief.

• Impartial and accessible to persons of all faith communities.

• Inclusive of spiritual and religious care of all kinds.

• Respectful of confidentiality. All information, patient or otherwise, will be kept completely private by all CEHHC spiritual care members.
Spiritual care is for people of all spiritual beliefs and for those without a faith community. It is one of the health services provided at CEHHC.

We are happy to contact local clergy and leaders from all faith groups to help you. If you feel you are not religious or spiritual, a spiritual care provider can still be there for you in difficult times.

Contact Spiritual Care
On-call spiritual care members are available 24 hours a day. Contact nursing staff to ask for on-call spiritual care.

If you need help, please ask hospital staff to help contact us.
Spiritual care staff can help when you...

› need emotional and/or spiritual support
› would like a visit before surgery
› are feeling lonely, discouraged or misunderstood
› wish to receive sacraments
› have special religious needs according to your own faith traditions
› would like a ritual for healing and health
› are having set-backs
› have been in hospital for a long time
› are far away from home
› are experiencing loss or grief
Prayer Room

The Prayer Room is located in Colchester East Hants Health Centre, level 2, C wing, room 2490. It is available 24 hours a day as a place of quiet, prayer and meditation for people of all faiths, cultures and traditions.

All faiths are welcome!

Religious symbols may be donated to CEHHC Prayer Room.

What are your questions? Please ask. We are here to help you.
Nova Scotia Health Authority promotes a smoke-free, vape-free, and scent-free environment.

Please do not use perfumed products. Thank you!

Nova Scotia Health Authority

www.nshealth.ca

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The information in this brochure is for informational and educational purposes only. The information is not intended to be and does not constitute health care or medical advice. If you have any questions, please ask your health care provider.

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The information in this pamphlet is to be updated every 3 years or as needed.