

2020

# Driver Evaluation Program

## **The Driver Evaluation Program is:**

- Comprehensive
- Based on clients' needs
- Evidence-based

Your primary health care provider may want you to attend the Program if you are having health troubles that could affect your driving.

These may include anything that affects your movement, memory, or thinking skills, such as:

- Dementia
- An amputated limb
- A mental health condition
- A brain injury or a stroke
- A neurological condition, such as:
  - › Spinal cord injury
  - › Parkinson's Disease
  - › Multiple sclerosis
  - › Cerebral palsy

We accept drivers of any age.

### **Our team includes:**

- Occupational Therapists who have:
  - › training in driver evaluation.
  - › completed the Certified Driver Rehabilitation Specialist (CDRS) Exam.
- Certified Driving Instructor

**There are 2 parts to the evaluation:**

**Part 1: Clinical evaluation**

- Physical assessment
- Visual and thinking skills screening
- Assessment for special driving equipment
- Trial on a driving simulator, if needed

**Part 2: On-road driving evaluation**


- Driving routes are suitable for city or rural drivers
- Trial of adaptive driving equipment, if needed, such as:
  - › Hand controls
  - › Left-foot gas pedal
  - › Steering aids
- Takes place in a dual-brake car

We will go over the results of your evaluation with you. We will also give a copy to your primary health care provider. We will work with you to make an action plan and support you in working through the next steps.

## **How do I register for the Program?**

- Your primary health care provider must refer you.
- The referral form is on the web: [www.nshealth.ca/service-details](http://www.nshealth.ca/service-details) (look for Driver Evaluation Program).

## **Is there a cost?**

- Yes, there is a cost. The Program is not covered by provincial government health insurance (MSI).
  - Private insurance may cover the cost of the Program. Check with your provider.
  - Our funding coordinator may be able to help you with options.
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**“Driving...a human function of daily activities and community participation”**

*World Health Organization, 2002*

## **Contact**

### **Driver Evaluation Program**

Nova Scotia Rehabilitation and  
Arthritis Centre, First floor  
1341 Summer Street, Halifax NS  
B3H 4K4

Phone: 902-473-1158

Fax: 902-473-1321

What are your questions?  
Please ask.  
We are here to help you.

**Looking for more health information?**

Find this pamphlet and all our patient resources here:

<https://library.nshealth.ca/PatientEducation>

Contact your local public library for books, videos, magazines, and other resources. For more information, go to <http://library.novascotia.ca>

Connect with a registered nurse in Nova Scotia any time:

Call 811 or visit <https://811.novascotia.ca>

Learn about other programs and services in your community:

Call 211 or visit <http://ns.211.ca>

*Nova Scotia Health Authority promotes a smoke-free, vape-free,  
and scent-free environment.*

*Please do not use perfumed products. Thank you!*

[www.nshealth.ca](http://www.nshealth.ca)

*Prepared by: Driver Evaluation Program*

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The information in this pamphlet is to be updated every 3 years or as needed.

