The Nova Scotia Green Sleeve

Information For Patients, Families and Substitute Decision Makers

Aussi disponible en français :
La Pochette verte de la Nouvelle-Écosse :
Information pour les patients, familles et mandataires (FF85-1863)
About the Green Sleeve

What is a Green Sleeve?
The Nova Scotia Green Sleeve is a central place to keep important documents to help share your health care plans, goals and care wishes with health care providers.

Who should have a Green Sleeve?
Anyone with a life-limiting illness should have a Green Sleeve.

What do I keep in my Green Sleeve?
Examples of documents that you may keep in your Green Sleeve include:

- Emergency Health Services’ (EHS) Special Patient Program Care Plan
- Information about your goals of care (e.g.: treatment preferences, DNR, etc.)
- Personal Directive
- Nova Scotia Health Authority (NSHA) Expected Death at Home form

Please talk to your health care provider for more information about any of these documents.
# What do I do with my Green Sleeve?

| At home, keep your Green Sleeve somewhere easy to find, like on top of the fridge. If you have a palliative care binder, it may be kept in the front of the binder. You should show your Green Sleeve to health care providers who provide care in your home, including paramedics if emergency help is needed. | Take your Green Sleeve to your health care appointments. Take it with you if you go to the Emergency Department. Bring any updates home with you. You may wish to review the information in your Green Sleeve with your health care providers before any tests or treatments. |
Please talk to your health care provider for more information.

More resources
Advance Care Planning and Goals of Care: http://nshpca.ca/advanced-care-planning

EHS Special Patient Program
https://novascotia.ca/dhw/ehs/palliative-care.asp

Personal Directives
www.nshealth.ca/sites/nshealth.ca/files/patientinformation/1385.pdf

Palliative Care
www.nshealth.ca/content/palliative-care

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The information in this pamphlet is to be updated every 3 years or as needed.