Social Work

Valley Regional Hospital and Soldiers Memorial Hospital

Compassion
Accountability
Respect
Excellence
Mission
Social Workers help individuals and families coping with life changes and stress from trauma, illness, or disability.
Our goal is to provide the highest standards of social work practice to individuals, families, and communities.

Values
Social Workers build on the strengths and resources of the people we work with.
We are dedicated to preserving the values of human dignity, compassion, respect, and self-determination.

View our webpage at www.nshealth.ca under ‘Our Programs and Services’
Social Workers help with:

- Adjustment or coping with illness, injury, and disability
- Death, grief, and loss
- Lifestyle changes
- Referral to community agencies
- Connecting families to resources for private home care and/or private assisted-living facilities
- Concerns about hospitalization
- Practical support and/or financial concerns (e.g., equipment needs, information about income support programs)
- Other individual or family concerns (e.g., relationship issues, caregiver stress, family conflict)

Social Workers are members of inter-professional health care teams in both inpatient programs and ambulatory care clinics.
Social Workers help by:

Counselling
• Providing counselling around coping, managing crises, adjustment, grief and loss, and resources to individuals, couples, families, and/or groups

Advocating
• Supporting patients and families to access needed services and resources

Collaborating
• Working with health care teams and the community to provide the best care and discharge planning

Educating
• Providing education to patients, families, health care teams, and community agencies

Social Workers are registered members of both the Canadian Association of Social Workers and the Nova Scotia College of Social Workers.
Donations
Donations help patients who can’t afford needed items and services like equipment and transportation. This helps reduce stress on the patients and families we serve.

If you would like to contribute, please make your cheque payable to a foundation listed below. Mail it to the specific hospital where you received social work services.

Please indicate that your donation is for Social Work.

Name: ____________________________
Mailing address: ____________________
Postal code: ________________________
Phone: ____________________________

- **Valley Regional Hospital Foundation:** Phone: 902-678-5414
  Fax: 902-678-0055
  Email: info@vrhfoundation.ca
  150 Exhibition Street, PO Box 911
  Kentville, NS B4N 4H8

- **Soldiers Memorial Hospital Foundation:**
  Phone: 902-825-6160 ext. 202
  462 Main Street, PO Box 730
  Middleton, NS B0S 1P0

* A receipt for tax purposes will be provided.*