How to Collect a Pinworm Sample

South Shore Regional Hospital

Samples that are not labelled correctly or do not have a complete requisition form will not be tested.
How to Collect a Pinworm Sample

• You will get a Vaseline® swab in a collection tube to collect a pinworm sample.
• Pinworm eggs can infect a person within hours of being laid. Make sure to wear gloves while collecting the sample and wash your hands after.

Instructions
The best time to collect a sample is after you are settled for the night or first thing in the morning, before you have washed or had a bowel movement (pooped).

• Put on a pair of gloves.
• Remove the Vaseline® swab from the tube.
• Lay on your side with your perianal skin (skin around your anus) uncovered. Roll the swab over your skin within 1 centimetre of your anus.
• Put the swab no more than 5 mm (1/3 inch) inside your anus.
• Put the swab back in the tube and seal it.
If you have problems collecting a sample, please call your primary health care provider.

- Make sure the collection tube is labelled with your name, date and time of collection, and health card number.

Each **requisition** must have:
- Your **full name and date of birth**
- Your **health card number**
- Your **doctor’s full name and address**
- **Date and time** for your pinworm collection
Take the sample within 24 hours to one of the following Nova Scotia Health Authority Laboratory Services locations:
South Shore Regional Hospital
Main Floor
90 Glen Allan Drive
Bridgewater NS  B4V 2S6
Phone: 902-527-5261
Hours: Monday-Friday, 7-11 a.m.
Registration: Monday-Friday, 6:45-10:45 a.m.

Fisherman’s Memorial Hospital
2nd Floor
14 High Street
Lunenburg NS  BOJ 2C0
Phone: 902-634-8801
Hours (including Registration):
Monday-Friday, 7:30-11:30 a.m.

(Please see back cover for more locations.)
Queen’s General Hospital
1st Floor
175 School Street
Liverpool NS  BOJ 1KO
Phone: 902-354-3436
Hours (including Registration):
Monday-Friday, 7:30-11:30 a.m.

North Queen’s Health Centre
9698 Highway 8
Caledonia NS  B0T 1B0
Phone: 902-682-2533
Hours (including Registration):
Wednesdays, 7:30-10:45 a.m.

Our Health Centre
3769 Hwy 3, Chester, NS  B0J 1J0
Phone: 902-275-2830
Hours (including Registration):
Tuesdays and Thursdays,
7:30-10:45 a.m.
What are your questions? Please ask. We are here to help you.

Looking for more health information? Find this pamphlet and all our patient resources here: http://library.nshealth.ca/PatientGuides
Contact your local public library for books, videos, magazines, and other resources.
For more information, go to http://library.novascotia.ca
Connect with a registered nurse in Nova Scotia any time: Call 811 or visit https://811.novascotia.ca
Learn about other programs and services in your community: Call 211 or visit http://ns.211.ca

Nova Scotia Health Authority promotes a smoke-free, vape-free, and scent-free environment.
Please do not use perfumed products. Thank you!
www.nshealth.ca

Prepared by: Pathology & Laboratory Medicine, South Shore Regional Hospital
Designed by: NSHA Library Services

The information in this brochure is for informational and educational purposes only. The information is not intended to be and does not constitute health care or medical advice. If you have any questions, please ask your health care provider.

QY85-1973 © April 2019 Nova Scotia Health Authority
The information in this pamphlet is to be updated every 3 years or as needed.