Stool Collection for Calprotectin

Pathology and Laboratory Medicine
Halifax Area
Stool Collection for Calprotectin

Instructions

• Your doctor has given you a form for this test. This form is called your requisition.

• Use only the collection bottle(s) given to you by your doctor, local lab, or blood collection clinic. It should be empty and have an orange top.

• If you have to collect stool (poop) for culture and sensitivity (vial with blue top and pink liquid inside), or ova and parasites (vial with yellow top and clear liquid inside), do it at the same time as this collection.

• Keep the bottle(s) in the fridge until you can bring it to the lab.

• Bring the bottle(s) and requisition to an approved drop-off site no more than 24 hours after you finish the collection (see back cover for sites).

• Make sure the collection bottle(s) is labelled with your full name, date of birth, health card number, and the date and time of collection.
1. Write your **full name, date of birth, health card number, and the date and time of collection** on both the bottle(s) and requisition.

2. Collect your stool in a clean, dry container. **Do not let your stool touch any urine (pee) or the toilet water.**

3. Put some of your stool into the bottle with the orange top. **Do not fill the bottle more than halfway.**

4. Screw the lid on tight. Do not touch inside the cap(s) or bottles(s). Put the bottle(s) in the **fridge** until you can bring it to the lab.

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If you have any questions, please ask. We are here to help you. Please see back cover for contact information.
Each requisition must have:

› Your full name and date of birth
› Your health card number
› Your doctor’s full name and address
› collection date and time for each stool collection
24-hour access for drop-offs in Halifax:

QEII Health Sciences Centre
Central Specimen Accessioning
5788 University Avenue
Main floor, Mackenzie Building

Or drop off your specimen at your local lab. Hours and addresses vary. Check www.nshealth.ca for more information.

Phone: 902-473-2266
Email: DPLMCustomerService@nshealth.ca
Looking for more health information?
Find this pamphlet and all our patient resources here:
http://library.nshealth.ca/PatientGuides

Contact your local public library for books, videos, magazines, and other resources. For more information, go to http://library.novascotia.ca

Connect with a registered nurse in Nova Scotia any time:
Call 811 or visit https://811.novascotia.ca

Learn about other programs and services in your community:
Call 211 or visit http://ns.211.ca

Nova Scotia Health Authority promotes a smoke-free, vape-free, and scent-free environment.
Please do not use perfumed products. Thank you!
www.nshealth.ca

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The information in this pamphlet is to be updated every 3 years or as needed.