Unit Name Rehab Acquired Brain Injury Unit

Unit Location 7th Floor Nova Scotia Rehabilitation & Arthritis Centre

Program Rehabilitation & Supportive Care

Nova Scotia Health Authority Inpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

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### Patient Care

#### Patient Population
This in-patient rehabilitation unit has a population of patients who have experienced an acquired brain injury such: open, closed or penetrating traumatic brain injury, stroke, other vascular events, aneurysm, subarachnoid hemorrhage, encephalopathies, brain tumour, hydrocephalous and a variety of other conditions as a result of traumatic or non-traumatic injuries to the brain. Collaboratively, our healthcare team strives to provide the highest level of quality patient care to ensure the best outcomes for our patients. Based on goals informed by formal assessments and patient input, the patient and family participate in daily individual and group rehabilitation programs that assist them to achieve optimal levels of independence.

#### Average Patient Age Range
16-85

#### Nursing Model of Care
- Primary Nursing: ___
- Team Nursing: ___
- Other: ___
- Total Patient Care: ___
- Modified Total Patient Care: ___
- **Other:**

### Systems

#### Medication System
- Traditional: ___  Unit Dosage: ___  Other: ___
- **Other:** Meds dispensed through Pyxis. Self-Med program available for qualified patients.

#### Scheduling
- Manager: ___  Self: ___

#### Average Number of Staff per Shift
- Days: RN 2, LPN 3-4, CTA 1-2
- Evenings: RN 2, LPN 2, CTA 1
- Nights: RN 1, LPN 1, CTA 1

#### Service Hours
24 hours per day, 7 days per week.

#### Length of Shift
- 8hr: ___  12 hr: ___  Other: ___
**Staff**

**Staff Mix**  
RN: 40%  LPN: 45%  CTA: 15%

**Physician Coverage**  
On Call: After hours  On Site: Week Days  N/A:  Other: 

**Multidisciplinary Team Members**  
RN, LPN, CTA/PSW, Unit Aid, Unit Clerk, CNL, Physiatrists, Hospitalists, Social Workers, Recreation Therapist, Therapeutic Assistants, OTs, PTs, Psychologists. Speech-Language Pathologists & Technicians, Dieticians, Orthotists, Prosthetists, other professionals

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**Required Skills, Qualifications & Experience**

**RN**

Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.

- **Responsibilities**
  Basic nursing care, formulating rehab care plan, complex discharge planning, patient and family/caregiver teaching, collaborating within an interdisciplinary team and liaising with Home Care and Community Services.

- **Skills Required**
  The tertiary nursing care for this patient population includes the following: complete patient assessment, develop care plan, IV initiation and maintenance, venipuncture, peritoneal dialysis, PICC lines, Port-a-caths, complex wound care, Vac Dressing Therapy, NG/G tube feeds, positioning and transfer techniques, experience dealing with complex behaviors and coping strategies and other skills depending on patient needs.

- **Additional Responsibilities**
  Complex discharge planning, patient and family/caregiver teaching, collaborating within an inter-disciplinary team, liaison with community agencies.

- **Additional License/Certification/Education required**
  Support is provided for educational opportunities such as for pursuing the Canadian Rehabilitation Registered Nurse specialization.

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*Completed by:* Richard Braha & Natalie Sabean  *Date:* August 5, 2015