



Unit Name Rehab Acquired Brain Injury Unit

Unit Location 7th Floor Nova Scotia Rehabilitation & Arthritis Centre

Program Rehabilitation & Supportive Care

Nova Scotia Health Authority Inpatient Service Profile

The purpose of this Profile is to provide Nurses with an overview of each service area.

<u>General Information</u>	
Service	7 th Floor Rehab Acquired Brain Injury Unit
Site	Nova Scotia Rehabilitation & Arthritis Centre Site QEII Health Sciences Centre
Brief description of the Unit	The Rehab ABI Unit is a 23 bed in-patient tertiary acquired brain injury rehabilitation unit. The unit is staffed by a full interdisciplinary complement of rehab professionals from nursing, physical medicine & rehabilitation, social work, recreation therapy, OT, PT, psychology, speech-language pathology, food & nutrition and other services. Clinicians work within their scope to contribute to patient and team goals to optimize recovery and maximize patient's level of functional independence.
Unit Orientation	Nurses are scheduled for several orientation shifts with a mentor to observe nursing practice on the unit. The Clinical Nurse Educator provides formal orientation sessions and support while the nurse transitions to assuming her own assignment. Nurses attend formal organization-wide nursing orientation sessions. The Unit accepts Grad Nurses and orients new staff nurses who have come to rehab to seek a new career experience. The Unit's Clinical Nurse Leader and Manager provide on-going, on-site support for all staff.

Number of Beds	23 beds.
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Patient Care

Patient Population	This in-patient rehabilitation unit has a population of patients who have experienced an acquired brain injury such: open, closed or penetrating traumatic brain injury, stroke, other vascular events, aneurysm, subarachnoid hemorrhage, encephalopathies, brain tumour, hydrocephalous and a variety of other conditions as a result of traumatic or non-traumatic injuries to the brain. Collaboratively, our healthcare team strives to provide the highest level of quality patient care to ensure the best outcomes for our patients. Based on goals informed by formal assessments and patient input, the patient and family participate in daily individual and group rehabilitation programs that assist them to achieve optimal levels of independence.
Average Patient Age Range	16-85
Nursing Model of Care	Primary Nursing: ____ Team Nursing: <u>X</u> Other: ____ Total Patient Care: ____ Modified Total Patient Care: ____ Other:

Systems

Medication System	Traditional:____ Unit Dosage: ____ Other: <u>X</u> Other: Meds dispensed through Pyxis. Self-Med program available for qualified patients.
Scheduling	Manager: <u>X</u> Self: ____
Average Number of Staff per Shift	Days: RN <u>2</u> LPN <u>3-4</u> CTA <u>1-2</u> Evenings: RN <u>2</u> LPN <u>2</u> CTA <u>1</u> Nights: RN <u>1</u> LPN <u>1</u> CTA ____
Service Hours	24 hours per day, 7 days per week.
Length of Shift	8hr: <u>X</u> 12 hr: <u>X</u> Other: ____

	Other:
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<u>Staff</u>	
Staff Mix	RN: <u>40</u> % LPN: <u>45</u> % CTA: <u>15</u> %
Physician Coverage	On Call: <u>After hours</u> On Site: <u>Week Days</u> N/A: <u> </u> Other: <u> </u>
Multidisciplinary Team Members	RN, LPN, CTA/PSW, Unit Aid, Unit Clerk, CNL, Psychiatrists, Hospitalists, Social Workers, Recreation Therapist, Therapeutic Assistants, OTs, PTs, Psychologists. Speech-Language Pathologists & Technicians, Dieticians, Orthotist, Prosthetists, other professionals

<u>Required Skills, Qualifications & Experience</u>	
RN <i>Registered Nurses provide professional nursing services, deliver health education programs and provide consultative nursing services to promote, maintain and restore patient health.</i>	
<ul style="list-style-type: none"> Responsibilities 	Basic nursing care, formulating rehab care plan, complex discharge planning, patient and family/caregiver teaching, collaborating within an interdisciplinary team and liaising with Home Care and Community Services
<ul style="list-style-type: none"> Skills Required 	The tertiary nursing care for this patient population includes the following: complete patient assessment, develop care plan, IV initiation and maintenance, venipuncture, peritoneal dialysis, PICC lines, Port-a-caths, complex wound care, Vac Dressing Therapy, NG/G tube feeds, positioning and transfer techniques, experience dealing with complex behaviors and coping strategies and other skills depending on patient needs.
<ul style="list-style-type: none"> Additional Responsibilities 	Complex discharge planning, patient and family/caregiver teaching, collaborating within an inter-disciplinary team, liaison with community agencies.
<ul style="list-style-type: none"> Additional License/Certification/Education required 	Support is provided for educational opportunities such as for pursuing the Canadian Rehabilitation Registered Nurse specialization.

Completed by: Richard Braha & Natalie Sabeau **Date:** August 5, 2015