

# After a Cystoscopy with General Anesthetic

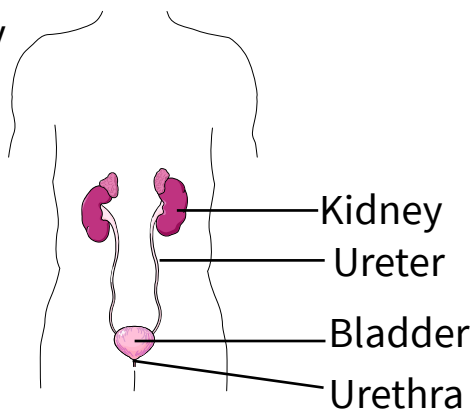
Urologist: \_\_\_\_\_

Clinic phone: \_\_\_\_\_

# After a Cystoscopy with General Anesthetic

## What is a cystoscopy?

- Your urologist (urinary tract specialist) will use a cystoscope to look inside your urethra (where urine [pee] comes out) and bladder. A cystoscope looks like a thin telescope with a lens and a light on the end.
- You will have general anesthetic (medication to put you to sleep) and will be asleep during the cystoscopy.
- Your urologist may also:
  - › use the cystoscope to stretch your urethra. This will help your urinary symptoms for a short time.
  - › place a ureteral stent (thin, hollow tube) in one of your ureters. **Ureters** are tubes that drain urine from your kidneys into your bladder. A stent is usually used to help with a blocked ureter.
  - › take a biopsy (tiny piece) of your bladder to test.



## **Why do I need a cystoscopy?**

- You may need a cystoscopy to find out if you have a bladder problem, like:
  - › Bleeding
  - › Cancer
  - › Infection
  - › Incontinence (not being able to control your urine)
- Your urologist will talk with you about the results. A report will be sent to your primary health care provider (family doctor or nurse practitioner).

## **What should I expect after I leave the hospital?**

- **For about 24 hours (1 day):**
  - › You may feel a slight burning when you pee.
  - › You may see a small amount of blood in your pee.
- It may help to drink extra fluids.
- Your urologist may give you medication to help prevent infection. Take it as you are told until it is all gone.

**Call your primary health care provider or your urologist if you have:**

- › Fever (temperature above 38 °C or 100.4 °F) or you feel sick within the first few days
- › Chills
- › Lower back pain
- › New trouble peeing
- › Burning when you pee for more than 24 hours (1 day)
- › Blood in your pee for more than 48 hours (2 days)

**If you cannot reach your primary health care provider or your urologist, go to the nearest Emergency Department right away.**

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

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