



2026

Stool Collection for Ova and Parasites

Pathology and
Laboratory Medicine,
Halifax Area

Instructions

- Your doctor has given you a form for this test. This form is called a **requisition**. **You must bring your requisition to the drop-off site with your full collection bottle(s).**
- Use only the collection bottle(s) given to you by your doctor, local lab, or blood collection clinic. It should have a clear liquid inside.
- If you have to collect stool (poop) for culture and sensitivity (bottle with a pink liquid inside), **do it at the same time as this collection.**
- If you have to collect more than 1 bottle, collect each 1 on a different day.
- Use a pen that will not smudge to print on the collection bottle.

1. Write your **full name**, your **date of birth**, your **health card number**, and the **collection date and time** on both the **requisition and the bottle label**.
2. Collect your stool in a clean, dry container. **Do not let your stool touch any urine (pee) or the toilet water.**
3. Use the scoop inside the lid of the bottle to add stool until it reaches the fill line.
4. Use the same scoop to mix the stool with the fluid in the bottle.
5. Screw the lid on tight.
6. Keep the filled bottle in the fridge until you can take it to the lab.
7. Bring the filled collection bottle and requisition to an approved drop-off site **no more than 24 hours after you finish the collection** (see back cover for sites).

Please see back cover for contact information.

Important

- **5 days before you collect your stool, do not have:**
 - › Mineral oils
 - › Bismuth (Pepto-Bismol®)
 - › Barium
 - › Kaolin
 - › Attapulgite (Kaopectate®)

Each requisition must have:

- › Your **full name and date of birth**
- › Your **health card number**
- › Your **primary health care provider's full name and address**
- › The names of **all antibiotics you are taking**
- › The names of **all countries outside of North America that you have visited (or emigrated from) in the past 12 months**
- › **Date and time of stool collection**

- **You can drop off specimens (also called samples) in Halifax 24 hours a day, 7 days a week at:**
Central Specimen Accessioning
QE II Health Sciences Centre
5788 University Avenue
Main floor, Mackenzie Building
- You can also drop them off at your local lab.
 - › Check www.nshealth.ca for lab addresses and hours.
 - › Phone: 902-473-2266
 - › Email:
DPLMCustomerService@nshealth.ca

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

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