

2026

# Spiritual Care

## Colchester East Hants Health Centre (CEHHC)

All people have the right to holistic (whole person) care. This includes caring for your body, mind, and spirit.

We support all faiths.

- We provide spiritual care for patients and their loved ones.
- To request a visit:
  - › Ask a member of your health care team
  - or**
  - › Phone: 902-896-2612
- Spiritual care is for people of all spiritual beliefs, and for people without a faith community.
- We are happy to contact local clergy and leaders from all faith groups to help you. If you are not religious or spiritual, a spiritual care provider can still support you.
- All spiritual care services provided by CEHHC:
  - › Are open to people from all faiths
  - › Treat all faiths equally
  - › Respect all beliefs, lifestyles, and backgrounds, in particular age, gender, ethnicity, sexual orientation, disability, and religion and/or belief

- › Include spiritual and religious care of all kinds
- › Respect your confidentiality by keeping all of your personal health information private

## **Spiritual care can help when you:**

- › Are having problems
- › Are experiencing grief or loss
- › Are feeling lonely, sad, or misunderstood
- › Need emotional and/or spiritual support
- › Are away from home
- › Have been in the hospital for a long time
- › Would like a visit before your surgery
- › Have religious needs
- › Would like to receive sacraments
- › Would like a ritual for healing and health

## Prayer Room

- The Prayer Room is on **level 2, C wing, room 2490.**
- It is available 24 hours a day as a place of quiet, prayer, and meditation.
- It is open to people of all faiths, cultures, and traditions.

**All faiths are welcome.**



- You are welcome to donate religious symbols to the Prayer Room.

What are your questions?  
Please ask a member of your  
health care team.  
We are here to help you.

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Colchester East Hants Health Centre  
625 Abenaki Road  
Truro, NS B2N 0G6  
Phone: 902-896-2612

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

Find all patient education resources here:  
[www.nshealth.ca/patient-education-resources](http://www.nshealth.ca/patient-education-resources)

Connect with a registered nurse in Nova Scotia  
any time:

Call 811 or visit: <https://811.novascotia.ca>

*Prepared by:* Spiritual Care, CEHHC  
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Learn more: <https://library.nshealth.ca/patient-education-resources>